Warrior Success Plan

New First Year_____ New Transfer____ Semester_____

Name:
Student ID:
Email Address:
Major:
Are you a 1st generation college student? (A student is considered first generation if neither of his/her parents or guardians have earned a four-year college degree): Yes:_____ No:______

By creating your Warrior Success Plan, we hope you have increased personal accountability, higher confidence, overall academic success, lower stress, better grades, and a path toward graduation. By creating your Warrior Success Plan, you will map out your personal plan-of-action for YOU to be a successful college student here at ESU.

- Consistent weekly virtual or live sessions with peer mentors
- Number of sessions dependent upon student needs
- Individualized guidance, support and monitoring of academic progress
- Follow up emails after each session with students itemized “To Do List”
- Goal setting, effective study skills and efficient time management strategies
- Consultation and guidance on class and major planning
- Comprehensive pre semester, beginning of semester, mid semester and end of semester discussions.
- Review of New Student Survey findings and discuss resources and services

Your Academic Success Plan will help you to:
- Determine why you are in college, your experience with academics, and the resources available to you.
- Discover your academic strengths and areas for improvement
- Developing a plan for meeting with each of your professors and mindset you should have
- Developing a plan for meeting with your Academic Advisors
- Developing concrete goals related to your academic success at ESU

Student Agreement:

I agree to use the strategies I have mapped out in my Warrior Success Plan. I have a clear understanding of what I need to do to be academically successful at East Stroudsburg University. If I have any questions or need further assistance, I will follow-up with my Support/Extended Advisor and Academic Success Coach

Student Signature: ________________________________ Date: ________________
Student Printed Name: ____________________________ _________________________

Warrior Success Plan certified as created:
Warrior Success Extended Support Advisor Signature: __________ Date: ________________
Warrior Success Academic Success Coach Signature: ______________ Date: ________________

Office Use Only:
Follow-up Appointments: Session 2________ Session 3________ Other: __________
Advisor or ASC Initials: ________________ ________________ ________________
Workshops attended ________________ ________________ ________________
About Me
First, it will be helpful to reflect on a few aspects of your life as you begin to develop a clear plan for college success. Answer the following questions about yourself as completely as possible.

1. I was motivated to pursue a college degree because….

2. After I graduate, I plan to use my earned college credential(s) by….

3. Think about some of the challenges, barriers, or obstacles that you may face this semester as you progress towards your academic goals then complete the following chart.

<table>
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<th>Challenges</th>
<th>Specific Study Skills/Strategies I will need to be successful</th>
<th>Resources on Campus that I will use</th>
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Important Information:
Do you plan to work while attending school? Yes_____ No______
If so, how many hours/week?

College expectations: In addition to receiving a college degree, listed below are some a student’s give for attending)

___ to get involved on campus  ___ to meet people, enjoy myself
___ to prepare for a career  ___ family expectation
___ to express my individuality  ___ to discover and develop my own talents
___ other___________________________________________
Building Academic & Career Skills: Please check any that apply that you believe you need to strengthen?

- preparing for & taking tests
- Note taking
- organization & Time management
- presentation& Public speaking
- Reading Comprehension
- Math skills
- interpersonal & social skills
- Becoming independent & assertive
- Academic Writing
- Study strategies
- Communication

What majors would you like to learn more about? _________________________________________________________

What do you consider yourself to be the best (or most skillful) at? ____________________________________________

What do you love to do most? _________________________________________________________________________

What are some of the things you see yourself doing when you graduate?
________________________________________________________________________________________________________
________________________________________________________________________________________

Other Interests: Besides school or work, what other activities do you plan to participate in? (sports, clubs, etc.)
________________________________________________________________________________________________________

Which of the following resources would you be interested in learning more about?

- Career Development
- Gender & Sexuality Center
- Center for Multicultural Affairs
- Women of Color Initiative
- OASIS
- Greek Life
- Tutoring
- Student Activities
- Campus Recreation
- Writing Studio
- Financial Aid
- MOCA (Men of Color Alliance)
- Math QC
- Study Abroad
- (Other) _______________________

My Study Habits

Generally, I study_______ hours per day.

Generally, I sit down to study______ time(s) per week.

Clearly describe the setting(s) where you feel most productive studying? Why do you feel comfortable in these settings?

In the future, I plan to study_______ hours per day and times per week.

My Support Network

It is important to surround yourself with supportive friends, family, and mentors who can encourage your success. Please list any members of your current support network who are available to your college success at East Stroudsburg University:

1) Describe how he/she supports you:
   (name of support person)
   1. 
   2. 
   3.
**My Academic History**

Think about the courses you have taken so far. Use the following worksheet to highlight three courses in each category.

I was successful because:

The success strategies that I used were:

Factors that contributed to my low grade included:

I believe I could have achieved in this course if I:

**My College and Career Goals**

To achieve college and career success, it is important to set personal goals and then develop an action plan to achieve them. Develop three academic and/or personal goals below and describe how you will achieve the goals and give yourself a deadline for completion. Think of immediate goal, first year goal, and life-long goals)

Goal #1
How I will achieve this goal
Deadline (Month, Year)

Goal #2
How I will achieve this goal
Deadline (Month, Year)

Goal #3
How I will achieve this goal
Deadline (Month, Year)

Lastly,
What do you like to do for fun?
____________________________________________________________________________________________
____________________________________________________________________________________________

Any Additional Information I would like to share:
____________________________________________________________________________________________