

**Warrior Success Plan**

*New First Year* \_\_\_\_\_ *New Transfer* \_\_\_\_\_ *Semester* \_\_\_\_\_

**Name:**

**Student ID:**

**Email Address:**

**Major:**

**Are you a 1<sup>st</sup> generation college student? (A student is considered first generation if neither of his/her parents or guardians have earned a four-year college degree):** Yes: \_\_\_\_\_ No: \_\_\_\_\_

By creating your Warrior Success Plan, we hope you have increased personal accountability, higher confidence, overall academic success, lower stress, better grades, and a path toward graduation. By creating your Warrior Success Plan, you will map out your personal plan-of-action for YOU to be a successful college student here at ESU.

- Consistent weekly virtual or live sessions with peer mentors
- Number of sessions dependent upon student needs
- Individualized guidance, support and monitoring of academic progress
- Follow up emails after each session with students itemized “To Do List”
- Goal setting, effective study skills and efficient time management strategies
- Consultation and guidance on class and major planning
- Comprehensive pre semester, beginning of semester, mid semester and end of semester discussions.
- Review of New Student Survey findings and discuss resources and services

Your Academic Success Plan will help you to:

- Determine why you are in college, your experience with academics, and the resources available to you.
- Discover your academic strengths and areas for improvement
- Developing a plan for meeting with each of your professors and mindset you should have
- Developing a plan for meeting with your Academic Advisors
- Developing concrete goals related to your academic success at ESU

**Student Agreement:**

I agree to use the strategies I have mapped out in my Warrior Success Plan. I have a clear understanding of what I need to do to be academically successful at East Stroudsburg University. If I have any questions or need further assistance, I will follow-up with my Support/Extended Advisor and Academic Success Coach

Student Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Student Printed Name: \_\_\_\_\_

Warrior Success Plan certified as created:

Warrior Success Extended Support Advisor Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Warrior Success Academic Success Coach Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Office Use Only:

Follow-up Appointments: Session 2 \_\_\_\_\_ Session 3 \_\_\_\_\_ Other: \_\_\_\_\_

Advisor or ASC Initials: \_\_\_\_\_

Workshops attended \_\_\_\_\_

### About Me

First, it will be helpful to reflect on a few aspects of your life as you begin to develop a clear plan for college success. Answer the following questions about yourself as completely as possible.

1. I was motivated to pursue a college degree because....
  
2. After I graduate, I plan to use my earned college credential(s) by....
  
3. Think about some of the challenges, barriers, or obstacles that you may face this semester as you progress towards your academic goals then complete the following chart.

Challenges	Specific Study Skills/Strategies I will need to be successful	Resources on Campus that I will use

**Important Information:**

Do you plan to work while attending school? Yes \_\_\_\_\_ No \_\_\_\_\_

If so, how many hours/week?

College expectations: In addition to receiving a college degree, listed below are some a student’s give for attending)

- |                                |   |
|--------------------------------|---|
| ___ to get involved on campus  | ___to meet people, enjoy myself           |
| ___to prepare for a career     | ___family expectation                     |
| ___to express my individuality | ___to discover and develop my own talents |
| ___other _____                 |   |

Building Academic & Career Skills: Please check any that apply that you believe you need to strengthen?

preparing for & taking tests    Note taking    organization & Time management    presentation& Public speaking  
Reading Comprehension    Math skills    interpersonal & social skills    Becoming independent & assertive  
Academic Writing    Study strategies    Communication

What majors would you like to learn more about? \_\_\_\_\_

What do you consider yourself to be the best (or most skillful) at? \_\_\_\_\_

What do you love to do most? \_\_\_\_\_

What are some of the things you see yourself doing when you graduate?  
\_\_\_\_\_  
\_\_\_\_\_

Other Interests: Besides school or work, what other activities do you plan to participate in? (sports, clubs, etc.)  
\_\_\_\_\_  
\_\_\_\_\_

Which of the following resources would you be interested in learning more about?

Career Development                      Gender & Sexuality Center    Center for Multicultural Affairs  
Women of Color Initiative              OASIS                              Greek Life  
Tutoring                                      Student Activities              Campus Recreation  
Writing Studio                              Financial Aid                      MOCA (Men of Color Alliance)  
Math QC                                      Study Abroad                       (Other)\_\_\_\_\_

### **My Study Habits**

Generally, I study\_\_\_\_\_ hours per day.

Generally, I sit down to study\_\_\_\_\_ time(s) per week.

Clearly describe the setting(s) where you feel most productive studying? Why do you feel comfortable in these settings?

In the future, I plan to study\_\_\_\_\_ hours per day and times per week.

### **My Support Network**

It is important to surround yourself with supportive friends, family, and mentors who can encourage your success. Please list any members of your current support network who are available to your college success at East Stroudsburg University:

1) Describe how he/she supports you:

(name of support person)

- 1.
- 2.
- 3.

**My Academic History**

Think about the courses you have taken so far. Use the following worksheet to highlight three courses in each category.

I was successful because:

The success strategies that I used were:

Factors that contributed to my low grade included:

I believe I could have achieved in this course if I:

**My College and Career Goals**

To achieve college and career success, it is important to set personal goals and then develop an action plan to achieve them. Develop three academic and/or personal goals below and describe how you will achieve the goals and give yourself a deadline for completion. Think of immediate goal, first year goal, and life-long goals)

Goal #1

How I will achieve this goal

Deadline (Month, Year)

Goal #2

How I will achieve this goal

Deadline (Month, Year)

Goal #3

How I will achieve this goal

Deadline (Month, Year)

Lastly,

What do you like to do for fun?

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Any Additional Information I would like to share:

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