Dear Student:

Congratulations and welcome to East Stroudsburg University. The University Health Services staff is already beginning to plan for your arrival and is looking forward to meeting you in the near future. We have a variety of services to offer you including quality affordable health care, and health promotion/wellness opportunities. Listed below is some important information for your consideration:

- Health Services strongly recommends that you submit the Report of Medical History form, which includes your immunization history prior to entrance to the university. There are many areas of study that will require this information during your course of study including education, the health sciences, (such as nursing, psychology, speech and hearing, athletic training, and exercise science), and many internships and academic placements. We recommend that you gather this information and submit it before you begin to avoid postponements in your class schedules.

- It is very important for parents of students who are less than 18 years old complete page one of the Report of Medical History form and sign the consent for treatment.

- Pennsylvania law requires all students residing in university owned housing to have received meningitis vaccination or be informed of the risks and benefits of the vaccine. This information is to be completed when you submit your housing application.

- All intercollegiate athletes are required to submit the physical examination contained in the Report of Medical History form due July 21 for Fall semester, or January 1 for Spring Semester. The physical exam must be completed within 6 months of the start date of your sport.

- All international students are required to submit the Report of Medical History form with up to date immunizations prior to entrance to the university (including Measles, Mumps, Rubella, Tetanus/Diphtheria, and Tuberculosis testing or negative chest x-ray within the past year). Immunization information must be in English. It is important that you complete the form while you are in your home country as medical services in the USA can be very costly and may be difficult for you to obtain here. The Report of Medical History form is due July 21 for Fall semester, or January 1 for Spring Semester.

- The Report of Medical History Form, and information about affordable health insurance, can be downloaded at www.esu.edu/healthservices

If you have any questions or concerns, please feel free to call us at 570-422-3553 or visit the Flagler Metzgar Health Center. We look forward to taking care of your health care needs

Sincerely,

The University Health Services Staff