

ACADEMIC BACKGROUND

Bachelor of Science in Sports Management
East Stroudsburg University of Pennsylvania, East Stroudsburg, PA May 2006

Master of Science in Management and Leadership with a concentration in Sport Management
East Stroudsburg University of Pennsylvania, East Stroudsburg, PA May 2009

RESEARCH INTERESTS:

Leadership and group dynamics in the sport business structure
Identification of essential sport industry proficiencies in academic curriculum
Preferred coaching styles based on gender, age, and defined skill level

AREAS OF TEACHING COMPETENCY

Sport in Society (Sociology)
Psychosocial Aspects of Activity (Psychology/Sociology)
Psychology of Sport and Exercise (Psychology)
Contemporary Sport (Business, Marketing, Applied Research Theories)
Event Planning and Management of Sport Activities and Events
Mixed Martial Arts Discipline, Technique and Promotion
Life Skill Development and Anger Replacement Therapy
Theories/Techniques of Coaching

PROFESSIONAL OVERVIEW

Adjunct Professor

Northampton Community College, Bethlehem, PA. August 2010 - Present

Sport In Society - the goal of this course is to examine social processes that explain the appeal of sport in world cultures; research effects of sport on behavior and lifestyles of active and passive participants; investigation of historical developments and the correlation of interrelationships among sport, culture, and major social institutions; redefine the influence sport has on family, business, education, politics, media and religion. Research and promote sport as a social construct.

Assessment: Students demonstrate an understanding of research methods and theory through written assignments, current event presentations, and group work designed to solicit practical application of acquired knowledge. Internet-based teaching tools (Blackboard) were used to enhance student learning experience.

Adjunct Professor

East Stroudsburg University, East Stroudsburg, PA. August 2013 - Present

Psychosocial Aspects of Activity - the goal of this course is to examine group and individual processes that explain the appeal of sport in world cultures; research effects of sport on personal behavior of active and passive participants; investigation of historical developments and the correlation of interpersonal relationships among sport, culture, and the human mind; explore intrinsic and extrinsic motivation of participation; redefine the influence sport has on family, business, education, politics, media and religion; research and promote sport as a social institution and social construct.

Assessment: Students demonstrate an understanding of research methods and theory through written assignments, current event presentations, and group work designed to solicit practical application of acquired knowledge. Internet-based teaching tools (Desire to Learn) were used to enhance student learning experience.

Psychology of Sport and Exercise - the goal of this course is to understand of the role of sport and physical activity in society from a psychological perspective; examine how psychological factors influence sport and physical activity performance; explore the application of psychological theory and research to sport and physical activity; investigate various sport and exercise psychology performance enhancement techniques and how social and cultural factors influence their successful implementation; acquire psychological skills and knowledge to apply to various sport and exercise disciplines (i.e., teaching, training, coaching, participating in sport and exercise); understand of the psychological benefits of sport and physical activity and the portrayal of sport and exercise psychology in mass media.

Assessment: Students demonstrate an understanding of research methods and theory through written assignments, presentations, and group work designed to solicit practical application of acquired knowledge.

Stress Management in Sport and Exercise – the goal of this course is to understand how stress is largely socially constructed and shaped by culture, experience, perception, values and lifestyle; demonstrate basic knowledge of the psycho-physiological relationship between stress and health, illness, quality of life, and general well-being; explore ways to reduce the negative impact of stress through modification of behaviors, values, attitudes, and lifestyles; determine his/her optimal level of stress so that it can be used as an advantage rather than becoming a detriment to health status; learn to reduce physical arousal levels using both coping skills and relation techniques so that he/she can stay within his/her optimal level of stress; learn how to use sport or exercise so that he/she can stay within his/her optimal level of stress.

Assessment: Students demonstrate an understanding of research methods and theory through written assignments and physical, art based, and humor activities designed to solicit practical application of acquired knowledge.

Contemporary Sport - the goal of this course is to provide students with an overview of sport management and current topics from the field; examine sociological, cultural, historical, political, psychological, and legal concepts facing sport managers; understand essential professional skills and approaches of sport managers in various aspects of this discipline; examine globalization of sport and the continuing influence on sport management occupations; prepare students for issues and controversies they may face when entering into sport management workforce.

Assessment: Students demonstrate an understanding of research methods and theory through written assignments and PowerPoint presentations designed to solicit practical application of acquired knowledge.

Organization and Administration of Sport Operations – the goal of this course is to enable the student to demonstrate their ability to utilize accepted practices of administering management theory and techniques; design, implement, and present applied management principles to intramurals, clubs, and interscholastic sport. It includes in-depth analysis of administrative concept as they relate to practice.

Assessment: Students demonstrate an understanding of research methods and theory through written assignments and PowerPoint presentations designed to solicit practical application of acquired knowledge.

Philosophical Concepts of Movement and Sport- this course concerns the philosophical problems and questions central to movement and the movement experience, the comparison of Eastern and Western views relevant to movement and ethical questions are considered. Attention is also directed to the implication of particular views for both performance and professional roles. Students will develop an understanding of the decision making process within the evolving, diverse social institution that is the sport industry; Introduce ethical situations and related perspectives intended to develop research techniques and identify issues and controversies that confront professionals in the emerging sport industry; Develop an understanding of sport industry vernacular and professional expectations when communicating and expressing their perspective on ethical issues; Examine, select, organize, and present relevant industry analysis of sport related facts that have assisted in understanding the decision making process and ethical issues facing sport managers; Implement research, communication, and creative thinking skills when faced with challenges commonly confronting emerging young professionals in sport management; Begin to construct a “canvas” of the sport community through participation, interaction, and examination of decision making practices and sport industry trends.

Assessment: Students demonstrate an understanding of research methods and theory through written assignments and a debate group presentations designed to solicit practical application of acquired knowledge.

Comparative and International Issues in Sport and Physical Activity - this course studies form, regularity, and explanation of physical activity and sport in selected countries compared with the United States. It examines comparative strategies which can be used to answer questions or test hypotheses about international problems related to physical activity and sport. Students will develop an understanding from an international perspective, the cultural differences that influence participation within the sport industry; Examine multiple organizational and ethical related perspectives that develop research techniques and identify solutions to issues/controversies confronting organizations, management, and professionals on a global spectrum in the sport industry; Develop an understanding of international sport management vernacular and cultural expectations when communicating in sport/business organizational structures.

Assessment: Students demonstrate an understanding of research methods and theory through written assignments and a debate group presentations designed to solicit practical application of acquired knowledge.

Honors Thesis Advisor: - *Sport generalization versus specialization and the impact on athlete development/success.* The Honors Thesis is written within the framework of a three-credit hour, one-semester-long, independent-study course. Once successfully completed, the Honors Thesis counts as an advanced-level, three-credit hour course in the member’s academic major. Requirements include: developed thesis, abstract, poster presentation, and written paper for submission to Honors Program Co-Chairs.

Teacher III

Juvenile Justice Commission, Voorhees, NJ. August 2006 - August 2008

Aided and assisted teaching special needs residents in all areas of high school core curricula (English, Mathematics, Science, History); promote necessary life skill development in areas of physical education and lifetime fitness, culinary arts, and auto mechanics; assisted with anger replacement therapy to maintain behavior modifications; counseled and guided at-risk youth in decision-making and anger management skills; implemented and proctor honor roll system and Measures of Academic Process (MAP) assessment testing.

Assessment: Students maintained required levels of competencies for high school curriculum.

Lecturer and Coach

The Hoop Group, Neptune, NJ and Cherry Valley, PA. June 1995 - June 2006

Prepared and implemented a program for the successful development of practice and game strategies; assisted coaches at all grade levels to guarantee uniformity within the program; engineered and apply off-season skill development programs to ensure individual fundamental progress; created and proctored after-school study hall to maintain academic integrity; instructed high school boys and girls on the drills and fundamentals of basketball including ball handling shooting, passing, defense, and rebounding; provided individualized evaluations and recommendations for players; coordinated videotaping and shooting evaluations of high school boys and girls; scheduled games, balanced teams and managed 20 to 35 staff members a week; organized and instructed coaching clinics for inexperienced coaching staff to ensure highest quality of instruction; explained contractual obligations and liabilities to incoming staff, professional athletes, and corporate sponsors.

Owner, Operator, Head Instructor

Rat Pack's MMA Nation, Bangor and Palmerton, PA. August 2008 - Present

Lead corner, second, and trainer for over fifty professional fights and 14 professional/amateur fighters; work with a variety of individuals to develop proper self-defense and relaxation techniques; prepare and restructure lessons to maximize individual improvements to allow students to reach their fullest potential; organize and develop class schedules and curriculum to ensure uniformity throughout classes; provide instruction to students of varying backgrounds, lifestyles and cultures; promote lifestyle changes to assist in maintaining lifetime fitness; create, organize, and instruct classes for Tobyhanna Army Depot in the areas of self-defense, kickboxing, and Muay Thai. As a partner of the Bangor School District's *Project Success* program responsible for instruction of anti-bullying techniques

PRESENTATIONS

“Leadership in Sport: Coaching a team versus the individual.”

Marywood University; Scranton, PA.

“Demonstration of Sport as a Social Construct in the United States Military”

The Teaching and Learning Fair at the North American Society for Sport Management (NASSM) Conference; Pittsburg, PA.

“Parental Support for Children with Disabilities: Special Olympics” Scheduled for North American Society for Sport Management (NASSM) Conference; Denver, CO.

PROFICIENCIES

Microsoft Office: Word, Excel, Power Point, Access

Internet based education platforms: Blackboard and Desire2Learn

LICENSURE, CERTIFICATIONS, and MEMBERSHIPS

Active member of North American Society of Sport Management (NASSM) and Commission on Sport Management Accreditation (COSMA)

Advisor, East Stroudsburg University Sport Management Club

Licensed by the Pennsylvania State Athletic Commission (Corner Lead, Second, Trainer)

First Aid/CPR and AED Certified