

ACADEMIC SUSPENSION WORKSHEET

Student Information

Student Name: _____ ID: _____
Advisor: _____ Term: _____ Date: _____
Major/Program: _____

Identify Challenges and Concerns

I am having difficulty with: *(check all that apply)*

- | | | |
|---|--|--|
| ☐ Lack of motivation/focus | ☐ Housing/living arrangements | ☐ Ineffective study skills |
| ☐ Adjusting to college | ☐ Family responsibilities | ☐ Unclear academic/career goals |
| ☐ Depression, stress or anxiety | ☐ Work responsibilities | ☐ Learning disability |
| ☐ Finances | ☐ Physical health concerns | ☐ Challenging classes/credit load |
| ☐ Making friends/loneliness | ☐ Time management | ☐ Other: _____ |
| ☐ Meeting basic needs (i.e. access to food, community resources, etc.) | ☐ Outside distractions (i.e. gaming, social media, extra-curricular activities, etc.) | ☐ Other: _____ |

Develop a Plan for Success

My plan for improvement in the next term is:

Connect with Resources

In my plan for improving my academic standing, I will seek assistance in the following areas:

☐ Academic Enrichment & Learning

Rosenkrans East | 570.422.6700

Other: _____

☐ Office of Accessible Services and Individualized for Students

Sycamore Suites, Lower Level | 570.422.3954

Other: _____

☐ Career and Workforce Development

University Center, 2nd Floor | 570.422.7952

Other: _____

☐ Financial Aid Office

Zimbar-Liljenstein Hall 100 | 570.422.2800

Other: _____

☐ University-Wide Tutorial Program

Rosenkrans East | 570.422.6700

Other: _____

☐ Center for Multicultural Affairs & Inclusive Education

99 Normal Street | 570.422.3961

Other: _____

☐ Wellness Education and Prevention

Sycamore Suites, Lower Level | 570.422.3298

Other: _____



Develop an Academic Plan

The courses I plan to take in the following term include:

Course and Title Example – ENGL 103: English Composition	Credits	Reason for Taking the Course Example – degree requirement, repeat for a better grade, prerequisite course

My weekly commitments, shown below, include my time in class, studying, working and other responsibilities:

Weekly Planner							
	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
8 a.m.							
9 a.m.							
10 a.m.							
11 a.m.							
Noon							
1 p.m.							
2 p.m.							
3 p.m.							
4 p.m.							
5 p.m.							
6 p.m.							
7 p.m.							
8 p.m.							
9 p.m.							
Online							

My follow-up advising appointment is scheduled for:

I understand and am committed to the plan I have outline above to better prepare myself for academic success.

Student Signature:

Date: _____

Additional advisor recommendations or comments:

Advisor Signature:

Date: _____

Advisor: Make one copy of the worksheet for the student and one copy to maintain in your advising record.

Student: Submit original worksheet to the Student Enrollment Center by 5 p.m. the second Monday of the term.