

CURRICULUM VITAE

Anthony L. Drago
Psychology Department
East Stroudsburg University
(570) 422-3499; Email: adrago@esu.edu

Educational Background

1987	Ed.D.	Counseling Psychology	Lehigh University
1980	M.A.	Psychology	Marywood University
1976	B.A.	Psychology	East Stroudsburg University

Certification/Licensure

Licensed Psychologist/Pennsylvania State Board of Psychologists Examiners (License # PS-004331-L) - 1986

Certification, Critical Incident Stress Management - 1998

Question, Persuade, Refer (QPR) Suicide Prevention Certified Instructor - 2014

Teaching Experience

Professor, Psychology Department, East Stroudsburg University – 1992-present

Courses: General Psychology, Psychology of Adjustment, Social Psychology, Measurement & Evaluation, Abnormal Psychology, Psychological Disorders, Introduction to Counseling, Group Counseling, Individual Testing, Mental Health Practice, Psychology of Human Performance

Chair of Department of Psychology (since 1996)

Clinical Associate Professor, Clinical Psychology Doctoral Program, Philadelphia College of Osteopathic Medicine -1999-2006

Courses: Comparative and Integrative Psychotherapy, Psychological Assessment II, Developmental Psychopathology II

Clinical Experience

Lehigh Valley Hospital – Pocono, Allied Medical Staff – 2016-present

Pocono Medical Center, Ancillary Medical Staff – 1988-2016

Monroe Psychological Group, Owner – 1986-present

Pocono Medical Center, Director of Mental Health Services and Employee Assistance Program – 1985-1993

Mountainview Rehabilitation Center, Consulting Psychologist – 1987-1991

Slate Belt Counseling Center, Consulting Psychologist – 1985-1988

Pocono Medical Center Mental Health Unit, Psychologist – 1980-1985

Pocono Neuropsychiatric Center, Therapist 1978-1986
Pocono Medical Center Mental Health Unit, Psychological Associate – 1975-1980

Current Affiliations

Allied Medical Staff, Lehigh Valley Hospital - Pocono
Consulting Psychologist, Youth Advocate Program
Consulting Psychologist, PA Treatment and Healing
Consulting Psychologist, Matrix Behavior Solutions
Consulting Psychologist, Monroe County Correctional Facility
Consulting Psychologist, Stroud Area Regional Police Department
Consulting Psychologist, Pike County Probation Department

Recent Grants

ESU FDR Travel Grant for National Association of Developmental Education (2013)

Recent Research

Boburka, R. R., Wesp, R. K., Eshun, S., & Drago, A. L. (2013). An assessment of the effectiveness of a classroom activity designed to teach the value of lifelong learning. *Studies in Continuing Education, 36*, 54-66. DOI:10.1080/0158037X.2013.783473.

Drago, A. L., Rheinheimer, D. C., & Detweiler, T. N. (2016). Effects of locus of control, academic self-efficacy, and tutoring on academic performance. *Journal of College Student Retention: Research Theory and Practice, 19*, 433-451. DOI: 10.1177/1521025116645602

Bartoli, P. V., & Drago, A. L. (2018). *Burnout and perceived percentage of care among caregivers of autistic spectrum children*. Poster presentation at Eastern Psychological Association Annual Meeting, Philadelphia, PA.

Member of Dissertation Committee at ESU for Mark Takas for Doctorate of Health Science (2021).

Recent Presentations

Drago, A. L., Rheinheimer, D. C., & Detweiler, T. N. (2013). *The effects of locus of control, academic self-efficacy, and tutoring on academic performance*. Presentation at National Association for Developmental Education, Denver, CO.

Drago, A. L. (2013). *Learning theory: Classical conditioning, operant conditioning, and observational learning*. Presentation to English major students at Shenyang University, Shenyang, China.

Drago, A. L. (2013). *A comparison of psychological diagnosis and treatment in the United States and China*. Presentation to International students at Xi'an International University, Xi'an China.

Drago, A. L., & Antolin, E. (2013). *National depression screening day*. Panel discussion following a movie as part of National Depression Screening Day, East Stroudsburg, Pennsylvania.

- Drago, A. L. (2014). *Systematic desensitization as a treatment for anxiety and phobia*. Presentation to students at Universidad De Ibero America, San Jose, Costa Rica.
- Drago, A. L. (2014). *Question, persuade, refer (QPR) suicide prevention program*. Presentation to Lutheran Social Service and Americorp staff, Frederickstead, St. Croix.
- Drago, A. L., & Bartoli, P. V. (2014). *Child and adolescent psychological disorders*. Training for Student Resource Officers in Monroe County, East Stroudsburg, PA.
- Drago, A. L., McDonald, A., Clymer, T., McFadden, K., & Mikulski, R. (2014). *Changing minds: Mental health and substance abuse seminar*. Tannersville, PA.
- Drago, A. L. (2014). *Behavioral health in the workplace*. Presentation to Greater Pocono Chamber of Commerce, East Stroudsburg, PA.
- Drago, A. L., & Antolin, E. (2014). *National depression screening day*. Panel discussion following a movie as part of National Depression Screening Day, East Stroudsburg, PA.
- Drago, A. L. (2014). *Stress and culture*. Presentation to visiting students from Shanghai, China, East Stroudsburg, PA.
- Drago, A. L., & Wesp, R. K. (2015). *Stress: Causes, consequences, and coping*. Presentation to Lutheran Social Services and Americorp staff, Frederickstead, St. Croix.
- Drago, A. L. (2015). *DSM-5: What students need to know*. Presentation to students at Universidad De Iberoamerica, San Jose, Costa Rica.
- Drago, A. L. (2015). *DSM-5: A clinician's guide*. Presentation to Mental Health Professionals and Faculty at Universidad De Iberoamerica, San Jose, Costa Rica.
- Drago, A. L. (2015). *DSM-5: A clinician's guide*. Presentation to Pocono Medical Center Behavioral Health and Crisis Intervention staff, East Stroudsburg, PA.
- Drago, A. L., & Morrow, R. E. (2015). *Psychotropic medication in the treatment of children*. Presentation to health professionals, school officials, and legal community as part of Children's Roundtable through Monroe County Court System, East Stroudsburg and Bartonsville, PA.
- Drago, A. L. (2016). *Suicide prevention*. Presentation to Mental Health Professionals and Faculty at Universidad De Iberoamerica, San Jose, Costa Rica.
- Drago, A. L. (2016). *DSM-5 case presentation*. Supervision and discussion with Mental Health Professionals and Faculty at Universidad De Iberoamerica, San Jose, Costa Rica.
- Drago, A. L. (2016). *Crises intervention with PTSD*. Presentation to Mental Health Professionals and Faculty at Universidad De Iberoamerica, San Jose, Costa Rica.
- Drago, A. L. (2016). *Mood disorders in children*. Presentation to Mental Health Professionals and Faculty at Universidad De Iberoamerica, San Jose, Costa Rica.

Drago, A. L. (2016). *Anxiety disorders in children*. Presentation to Mental Health Professionals and Faculty at Universidad De Iberoamerica, San Jose, Costa Rica.

Drago, A. L., Turnberg, M., Piperato, H., & Presto, J. (2016). *Suicide awareness and prevention, panel discussion and open forum*. East Stroudsburg, PA.

Drago, A. L., Presto, J., Presto, L., & Piperto, H. (2016). *Helping our kids, awareness/education, mental health and suicide awareness*. Panel Discussion, Stroudsburg, PA.

Drago, A. L. (2016). *First responders: Trauma intervention and suicide prevention*. Presentation to Monroe County Emergency Medical Services Personnel, East Stroudsburg, PA.

Drago, A. L., Drou, C., Oquendo, I. M., & Smith, T. (2017). *Tighten that belt: pragmatic approaches to assuring a quality education during fiscally lean times*. Chair of Invited Symposium at Eastern Psychological Association Annual Meeting, Boston, MA.

Drago, A. L. (2017). *Understanding and preventing suicide*. Presentation to Monroe School Counselors Spring Meeting, Bartonsville, PA

Drago, A. L., Clossey, L., McGlynn, A. (2017). *Dealing with the aftermath of hurricane disasters: Expert views from ESU faculty*. Presentation and panel discussion, East Stroudsburg, PA.

Drago, A. L. (2017). *Understanding and preventing suicide*. East Stroudsburg University Fall 2017 Provost's Colloquium Series, East Stroudsburg, PA.

Drago, A. L. (2017). *Understanding and preventing suicide*. Lehigh Valley Hospital-Pocono. East Stroudsburg, Pa.

Drago, A. L., Tangoren, M., & Kulik, S. (2018). *Taking our own EMS pulse: Physical health, stressors, and suicide*. Lehigh Valley Hospital-Pocono. East Stroudsburg, Pa.

Drago, A. L. (2018). *Stress: Causes, consequences, coping*. Invited Speaker at Lehigh Valley Realtors Health and Wellness Expo. Bethlehem, Pa.

Hunter, A., Drago, A. L., & Morgen, K. (2019). *Psychology department chair roundtable*. Invited Symposium at Eastern Psychological Association Annual Meeting, New York, NY.

Hunter, A., Drago, A. L., & Morgen, K. (2020). *Psychology department chair roundtable*. Invited Symposium at Eastern Psychological Association Annual Meeting, Virtual Conference.

Drago, A. L. (2021). *Commencement speaker*. East Stroudsburg University class of Spring 2020 and Fall 2020. East Stroudsburg, PA.

Drago, A. L. (2021). *My ascension movie screening*. Panel discussion. East Stroudsburg University, East Stroudsburg, PA.

Recent Continuing Education

Ethics and Risk Management: Social Media and the Internet (2011)

The Process and Content of Couples Therapy (2011)
Why We Worry: Understanding and Treating Anxiety Disorders (2011)
Psychopharmacology in Plain English (2011)
Treatment Techniques in Child Psychotherapy (2011)
Attention Deficit/Hyperactivity Disorder; Assessment of ADHD in Adulthood (2011)
Therapist's Guide to Brief Cognitive Behavioral Therapy (2011)
Bipolar Disorder: A Review of Evidence-Based Therapeutic Interventions (2013)
Anxiety Disorders: Diagnosis & Treatment (2013)
Using the DSM-5 for Revolutionizing Diagnosis and Treatment (2013)
Treating Difficult Adolescents (2013)
Loss, Grief, and Bereavement (2013)
Ethics: Confidentiality (2013)
Ethics: 9 Ethical Values of Master Therapists (2013)
The DSM-5: Diagnosis Psychological Disorders in Children and Adolescents (2014)
Suicide Risk Assessment (2015)
Understanding Gender Identity: Becoming a Trans-Inclusive Provider (2015)
Recognizing and Reporting Child Abuse (2015)
Assessing Suicide Risk in Children: Guidelines for Developmentally Appropriate Interviewing (2015)
Ethics in Counseling: Staying On Track (2015)
Psychotropic Medications (2015)
Suicide Assessment, Treatment, and Management (2017)
Co-Occurring Psychiatric and Substance Use Disorders (2017)
Ethics and Risk Management: Confidentiality in the Digital World (2017)
Pennsylvania Child Abuse Recognition and Reporting (2017)
Vicarious Trauma Summit: Building Resiliency in Child Abuse Organizations (2017)
Rapid Recovery From Trauma: TEAM-CBT Treatment Techniques (2018)
Double Trouble: Trauma and Substance Abuse (2018)
New Frontiers in Mindfulness (2018)
The Vertex of Change: Leveraging Trauma to Accelerate Growth (2019)
Child Abuse recognition and Reporting in PA (2019)
A Guide to Assessment, Treatment and Management to Suicide Risk (2019)
Ethics (2019)

Recent Newspaper Interviews

Pocono Record

Ross Township Shooter Would Have Been Tough to Stop Law Enforcement and Mental Health Experts Say (August 13, 2013)
The Fourth "R": Rumors – After Sandy Hook, Pocono Schools Must Control the Viral Spread of Fear (January 27, 2013)
Monroe County Workers are Driven in a Bad Way (March 6, 2013)
Patients Have Options to Overcome Fear of Shots (May 2014)
Never "Okay" Leaving Kids in Cars (August 2014)
Nine Ways to Relieve Stress during Finals Week (December 6, 2015)
Experts Discuss Mental Health Awareness after Walmart Shooting (December 15, 2015)
ESU Lists Popular Majors (July, 2017)
Dealing with Tragedy: How Local Police Cope (January 18, 2018)
Don't Let Emotions, Finances Steal Your Christmas Cheer (November 23, 2018)
Lawn Mower Parenting (February 4, 2019)

Cultivate Traditions: Springtime Rituals Strengthen Family Bonds, Share History (April 4, 2019)
Empty Nest Syndrome (August 14, 2019)
Shedding Light on the Stigmatized Causes of Suicide (September 28, 2019)
Keep Healthy by Giving Your Time, Sage (December 3, 2019)

Times News-Wilkes Barre

Cyber Schools, Parents Struggle with Preventing Social Bullying (September 9, 2014)

Stroud Courier, ESU

How Millennials Use Memes to Cope (February 20, 2020)

Recent Committee Involvement

Stroud Area Region Tennis Association-Founding Member & Vice President
Community Health Connections – Pocono Medical Center
Community Health Connections – Behavioral Health Task Force, Pocono Medical Center
Monroe County Behavioral Health Action Team
Monroe County Suicide Prevention Coalition
Provost Search & Screen Committee-Fall 2014
ESU Faculty Emeritus Committee (2004-2018)
PASSHE Academic Review Committee (2015-current)
ESU Academic Advising Committee (2016-2017)
ESU University Senate (2016-2019)
ESU Academic Affairs Committee (2016-2019)
Troiani-Sweeney Lecture Series Committee (2016-current)
Vicarious Trauma Summit Planning Committee (2017)
ESU General Education Committee (2018)
Distinguished Professor Committee (2019 – current)
Campus Assessment Response & Evaluation Team (2019-current)
Faculty Mentoring Program, Football Team (2019-current)
ESU Registrar Search & Screen Committee (2021)
ESU Summer Studies Committee (2022)

Recent Program Development

Initiated the development of an Extended Learning Program for a BS Psychology, Applied concentration.

Initiated the development of an Organizational Behavior Concentration within the ESU Master's of Science in Management & Leadership.

Co-developed (with Paula Parker and Shala Davis) a Minor in Sports & Exercise Psychology

Co-developed (with John Kraybill-Greggo) a Certificate in Crisis Intervention

Team member for the development of an Integrated Health Care service at Pocono Medical Center

Current Memberships

American Psychological Association and Division 17: Society of Counseling Psychology

Pennsylvania Psychological Association

Honors / Distinctions

ESU Distinguished Professor 2018

PSAC Nominee for NCAA Faculty Mentor Award 2020