

CANDIDATES FOR HEALTH Education and PHYSICAL Education Double Major – (136 credits)

SEQUENCE OF COURSES/REQUIREMENTS

**** This outline is a suggested Plan of Study****

Clearances needed annually: Act 34-Criminal Background, Act 114-FBI fingerprinting, Act 151 Child Abuse Clearance and PSAHPERD Membership.

<p>Students are strongly urged to take the PRAXIS 1 CORE Assessment for Educators PRIOR TO BEGINNING THEIR MATRICULATION AT ESU. All students must pass the PRAXIS 1 CORE Assessment for Educators before the end of Semester 4 in order to continue in this program. (PA House Bill 1816). Test #'s 5712, 5722, 5732</p>	
Semester One (18) 3	Semester Two (16) 1
<p>___ PETE 124- <i>Fundamental Mvt. Activities</i> (1 cr.)</p> <p>___ PETE 100 <i>Fundamental Content Knowledge in PE</i> (2 cr.) <i>(FALL ONLY)</i></p> <p>___ HLTH 230 <i>Community Health</i> (3 cr.)</p> <p>___ ENGL 103 <i>English comp</i> (3 cr.)</p> <p>___ FYE 100 <i>First Year Experience</i> (3 cr.)</p> <p>___ PSED 150 <i>Intro to Teaching all Students</i> (6 cr.)</p> <p>___ <i>Take PRAXIS 1?</i></p> <p>___ <i>ESU Involvement? (Clubs, teams, intramurals, etc.)</i></p>	<p>___ PETE 125- <i>Intro to Sport Games</i> (1 cr.)</p> <p>___ HLTH 220 <i>Personal & Consumer Health</i> (3 cr.)</p> <p>___ MATH 1 – (3 cr.)</p> <p>___ GN: PSY 100 <i>General Psychology</i> (3 cr.)</p> <p>___ PSED 250 <i>Psychology of Learners in Diverse Communities</i> (3 cr.)</p> <p>___ PETE 105 <i>Health and Wellness</i> (3 cr.)</p> <p>___ <i>Take PRAXIS 1? (Clubs, teams, intramurals, etc.)</i></p>
<p>___ Renew Act 34, Act 114-FBI fingerprinting, Act 151, and PSAHPERD Membership</p>	
<p>All students must pass the PRAXIS 1 CORE Assessment for Educators before the end of Semester 4 in order to continue in this program.</p>	
Semester Three (17) 1	Semester Four (16) 4
<p>___ PETE 220 or 253 <i>Physical Conditioning or Aquatics</i> (1 cr.)</p> <p>___ HLTH 210 <i>Foundations of Health Science</i> (3 cr.)</p> <p>___ MATH 1 – (3 cr.)</p> <p>___ GE: BIOL 116 <i>Anatomy & Physiology I</i> (Fall/Summer) (3 cr.)</p> <p>___ GE: BIOL 117 <i>Anatomy & Physiology Lab</i> (1 cr.)</p> <p>___ GN: CMST 111 <i>Intro to Communication</i> (3 cr.)</p> <p>___ ENGL 274 – (Eng. Lit.) <i>Diversity in Literature</i> - (3 cr.)</p> <p>___ <i>Take Praxis I(Clubs, teams, intramurals, etc.)</i></p> <p>*As soon as you pass the PRAXIS 1, take the first of the PRAXIS 2 – Fundamental Subjects Content Knowledge Test #5511</p>	<p>___ PETE 220 or 253 <i>Physical conditioning or Aquatics</i> (1 cr.)</p> <p>___ HLTH 240 <i>Health Emergencies</i> (3 cr.)</p> <p>___ EXSC 203 <i>Mechanical Kinesiology</i> (3 cr.)</p> <p>___ GN: DANC 111 <i>World Dance</i> (3 cr.)</p> <p>___ GN: SOC 111 <i>Intro to Sociology</i> (3 cr.)</p> <p>___ REED 350 <i>Teaching Reading to Communities of Diverse Learners</i> (3 cr.)</p> <p>___ <i>Need to screen in this semester. See Flow Chart on back of this document.</i></p> <p>___ <i>Take Praxis I (Clubs, teams, intramurals, etc.)</i></p>
<p>___ Renew Act 34, Act 114-FBI fingerprinting, Act 151, and PSAHPERD Membership</p>	
Semester Five (18) 6	Semester Six (18) 12
<p>___ PETE 308 <i>Impacting the Whole Person through Experiential Education</i> (3) (<i>Two weekend commitment</i>)</p> <p>___ EXSC 310 <i>Exercise Physiology</i> (3 cr.)</p> <p>___ HLTH 310 <i>Family Health</i> (3) (FALL only)</p> <p>___ HLTH 341 <i>Nutrition Education</i> (1.5) (FALL only)</p> <p>___ HLTH 356 <i>Drug and Alcohol Teacher Prep</i> (1.5)</p> <p>___ General Education (3 cr.)</p> <p>___ General Education (3 cr.)</p> <p>___ PRAXIS 2</p> <p>___ <i>ESU Involvement (Clubs, teams, intramurals, etc.)</i></p>	<p>___ General Education (3 cr.)</p> <p>___ PETE 309 <i>Teaching Games for Understanding</i> (1 cr.)</p> <p>___ PETE 310 <i>Pedagogical Content Knowledge for Elementary PE</i> (3 cr.)</p> <p>___ PETE 343 <i>Analysis of Teaching PE</i> (2 cr.)</p> <p>___ PETE 344 <i>Motor Learning & Development</i> (3 cr.)</p> <p>___ PETE 345 <i>Adapted Physical Education</i> (3 cr.)</p> <p>___ HLTH 350 <i>Promoting Emotional Wellbeing</i> (3 cr.)</p> <p>___ PRAXIS 2</p> <p>___ <i>ESU Involvement (Clubs, teams, intramurals, etc.)</i></p>
<p>___ Renew Act 34, Act 114-FBI fingerprinting, Act 151, and PSAHPERD Membership</p>	
Semester Seven (16) 4	Semester Eight (14) 8.5
<p>___ PETE 400 <i>PE Teaching and Assessing Strategies</i> (3 cr.)</p> <p>___ PETE 442 <i>Mvt. For Secondary Grades</i> (1 cr.)</p> <p>___ HLTH 365 <i>School Health Programs</i> (3 cr.)</p> <p>___ HLTH 461 <i>Methodology in Health Ed.</i> (3 cr.)</p> <p>___ HLTH 462 <i>Assessment in School Health</i> (3 cr.)</p> <p>___ General Education (3 cr.)</p> <p>___ <i>ESU Involvement (Clubs, teams, intramurals, etc.)</i></p>	<p>___ PETE 440 <i>PE Student Teaching</i> (3 cr.)</p> <p>___ PETE 440 <i>PE Student Teaching</i> (3 cr.)</p> <p>___ HLTH 431 <i>Health Student Teaching</i> (6 cr.)</p> <p>___ HLTH/PETE 499 <i>Student Teaching Intern</i> (1 cr.)</p> <p>___ PETE 445 <i>Organization and Administration of PE</i> (2 cr.)</p> <p>*Now take final PRAXIS 2 exams for certification. Tests #'s 5857 (H&PE) and 5551 (Health).</p>

TOTAL 133