

INSERVCO INSURANCE SERVICES, INC.**Workers' Compensation Program: Designated Health Care Providers****NOTICE TO EMPLOYEES IN CASE OF WORK-RELATED INJURIES**

If you suffer a work-related injury, immediately report the injury to your supervisor. Failure to do so may delay your benefits or may cause you to lose your rights to benefits. For necessary medical treatment and supplies to be paid by your employer:

- All treatment must be obtained from one of the healthcare providers listed below.
- You must continue to visit one of the healthcare providers listed below if you need treatment for 90 days from the date of your first visit. If one of the providers listed below refers you to another licensed specialist, those services will be paid.
- After this 90-day period, if you still need treatment, you may go to another healthcare provider for treatment as long as you notify your claims adjuster within five (5) days of your visit to a new provider.
- If a listed physician prescribes invasive surgery, you have the right to obtain a second opinion from a physician of your choice. If a second opinion differs from that of the listed physician's opinion, you may determine which course of treatment to follow; however, the second opinion must contain a detailed treatment plan. If you choose the treatment prescribed in the second opinion, you must receive the treatment from a listed provider for a period of 90 days after the date of your visit to the provider of the second opinion.

If you are faced with a medical emergency, you may secure initial emergency treatment from any emergency facility. However, when the emergency is resolved, follow-up treatment must be obtained from one of the following healthcare providers. If you choose to treat with an out-of-state provider, you may be subject to balance billing.

NAME OF PROVIDER	STREET	CITY, STATE, ZIP	PHONE	SPECIALTY
LVPG Family Medicine - Brodheadsville	120 Burrus Blvd., Ste. 200	Brodheadsville, PA 18322	570.420.6300	Family Practice
Lehigh Valley Health Network	511 VNA Road	E. Stroudsburg, PA 18301	610.861.8080	Family Practice
St. Luke's Neurology Associates	3 Parkinsons Rd.	E. Stroudsburg, PA 18301	272.212.0553	Neurology
St. Luke's Occupational Medicine	111 Route 715	Brodheadsville, PA 18322	272.212.0426	Occ. Medicine
LVPG Occupational Medicine	2838 Route 611	Tannersville, PA 18372	570.476.3336	Occ. Medicine
Northeastern Eye Institute	Pocono Summit Plaza Route 940	Pocono Summit, PA 18346	570.839.7973	Ophthalmology
LVPG Orthopedic Surgery - Pocono	505 Independence Road	E. Stroudsburg, PA 18301	610.849.0366	Orthopedics
Mountain Valley Orthopedics	600 Plaza Court, Ste. C	E. Stroudsburg, PA 18301	570.421.7020	Orthopedics
LVPG Orthopedics & Sports Medicine	111 Switzgable Drive	Brodheadsville, PA 18322	610.402.8900	Orthopedics
LVH Coordinated Health	111 Switzgable Drive	Brodheadsville, PA 18322	866.446.2848	Physical Therapy
Pivot Physical Therapy	2591 Route 6, Ste. 202	Hawley, PA 18428	866.446.2848	Physical Therapy
LVHN ExpressCARE	120 Burrus Boulevard	Brodheadsville, PA 18322	570.402.6101	Urgent Care
LVHN ExpressCARE	200 E. Brown Street	E. Stroudsburg, PA 18301	570.476.3700	Urgent Care
Pocono Urgent Care	4545 Milford Rd., Ste 140	E. Stroudsburg, PA 18302	570.872.9615	Urgent Care
Pocono Urgent Care	101 Pocono Commons, Ste. 101	Stroudsburg, PA 18360	570.872.9955	Urgent Care
LVHN ExpressCARE	292 Frantz Road, Ste. 102	Stroudsburg, PA 18360	570.426.2900	Urgent Care
LVHN ExpressCARE	100 Community Drive, Ste. 102	Tobyhanna, PA 18466	570.839.1400	Urgent Care
LVHN Coordinated Professional Practice	505 Independence Rd.	E. Stroudsburg, PA 18301	866.446.2848	Chiropractic

FOR PRESCRIPTION MEDICATIONS AND DURABLE MEDICAL EQUIPMENT OR TO SCHEDULE PHYSICAL THERAPY, CHIROPRACTIC AND DIAGNOSTIC IMAGING APPOINTMENTS, AND LOCATIONS CLOSE TO YOU, PLEASE CALL KEYSERSCRIPTS AT 1.866.446.2848.

All of your healthcare provider bills and reports need to be sent to the following address for review and payment in accordance with the Pennsylvania Workers' Compensation Act:

Inservco Insurance Services, Inc. P.O. Box 3899, Harrisburg, PA 17105-3899

Phone: 1.800.356.0438 - Fax: 1.866.356.0438