

INSERVCO INSURANCE SERVICES, INC.**Workers' Compensation Program: Designated Health Care Providers****NOTICE TO EMPLOYEES IN CASE OF WORK-RELATED INJURIES**

If you suffer a work-related injury, immediately report the injury to your supervisor. Failure to do so may delay your benefits or may cause you to lose your rights to benefits. For necessary medical treatment and supplies to be paid by your employer:

- All treatment must be obtained from one of the healthcare providers listed below.
- You must continue to visit one of the healthcare providers listed below if you need treatment for 90 days from the date of your first visit. If one of the providers listed below refers you to another licensed specialist, those services will be paid.
- After this 90-day period, if you still need treatment, you may go to another healthcare provider for treatment as long as you notify your claims adjuster within five (5) days of your visit to a new provider.
- If a listed physician prescribes invasive surgery, you have the right to obtain a second opinion from a physician of your choice. If a second opinion differs from that of the listed physician's opinion, you may determine which course of treatment to follow; however, the second opinion must contain a detailed treatment plan. If you choose the treatment prescribed in the second opinion, you must receive the treatment from a listed provider for a period of 90 days after the date of your visit to the provider of the second opinion.

If you are faced with a medical emergency, you may secure initial emergency treatment from any emergency facility. However, when the emergency is resolved, follow-up treatment must be obtained from one of the following healthcare providers. If you choose to treat with an out-of-state provider, you may be subject to balance billing.

NAME OF PROVIDER	STREET	CITY, STATE, ZIP	PHONE	SPECIALTY
Coordinated Health	505 Independence Rd., Ste. A	E. Stroudsburg, PA 18301	570.420.8080	Occ. Medicine
Dr. Gregory J. Menio	300 E. Brown Street	E. Stroudsburg, PA 18301	570.476.2101	Orthopedics
St. Luke's Neurology Associates	3 Parkinsons Road	E. Stroudsburg, PA 18301	272.212.0553	Neurology
Mountain Valley Orthopedics	600 Plaza Court C.	E. Stroudsburg, PA 18301	570.421.7020	Orthopedics
Coordinated Health	505 Independence Road	E. Stroudsburg, PA 18301	570.420.8080	Podiatry
Pocono Eye Associates	300 Plaza Court, Ste. A	E. Stroudsburg, PA 18301	570.421.8842	Ophthalmology
Coordinated Health	505 Independence Rd	E. Stroudsburg, PA 18301	866.446.2848	Physical Therapy
Coordinated Health	Route 115 & Switzgable Dr	Brodheads ville, PA 18322	866.446.2848	Physical Therapy
Coordinated Health	505 Independence Rd.	E. Stroudsburg, PA 18301	866.446.2848	Chiropractic

FOR PRESCRIPTION MEDICATIONS AND DURABLE MEDICAL EQUIPMENT OR TO SCHEDULE PHYSICAL THERAPY, CHIROPRACTIC AND DIAGNOSTIC IMAGING APPOINTMENTS, AND LOCATIONS CLOSE TO YOU, PLEASE CALL KEYSRIPTS AT 1.866.446.2848.

All of your healthcare provider bills and reports need to be sent to the following address for review and payment in accordance with the Pennsylvania Workers' Compensation Act:

Inservco Insurance Services, Inc. P.O. Box 3899, Harrisburg, PA 17105-3899

Phone: 1.800.356.0438 - Fax: 1.866.356.0438