

East Stroudsburg University**B.S. in Health Education****Concentration: Health Education Teacher Education****Four-Year Roadmap to Graduation**

Credits Required to Graduate	120
Advanced Coursework	42
Courses above 300 Level	30

YEAR 1

Fall Schedule		Spring Semester	
HPLW 105 Health Promotion and Lifetime Wellness	3	GN CMST 111 Introduction to Communication	3
ENG 103 English Composition	3	GN Math 110 General Statistics	3
HLTH 230 Community Health	3	GN PSY 100 General Psychology	3
PSED 161 Foundations of Health Education	3	PSED 250 Psychology of Learners in Diverse Communities	3
SPED 102 Diversity of the Learner	3	GN CPSC Computers and Their Uses	3
Units	15	Units	15
		Completed Units through Year 1	30

Fall Milestones	Spring Milestone
Meet with academic advisor October	Meet with academic advisor March
GPA 2.8	GPA 2.8
GN Overlays being met	GN Overlays being met
1. Act 34 - Criminal Background	
2. Act 114 FBI Fingerprinting	
3. Act 151 Child Abuse Clearance	
SHAPE PA Membership	
Basic Skills Assessment Passes (PRAXIS 1, ACT, SAT)	

YEAR 2

Fall Schedule		Spring Semester	
HLTH 210 Foundations of Health Sciences	3	HLTH 240 Health Emergencies	3
HLTH 215 Skills Based Health Education	3	GN SOC 111 Introduction to Sociology	3
GN Math 130 Applied Algebraic Methods	3	REED 350 Teaching Reading to Community of Diverse Learners	3
BIO 116 Anatomy & Physiology 1 Lecture	3	HLTH Elective	3
BIO 117 A & P Lab	1	CMST 111 Introduction to Communication	3
ENGL Literature	3		
	Units 16		Units 15
		Completed Units through Year 2	61

Fall Milestones	Spring Milestone
Meet with academic advisor October	Meet with academic advisor March
GPA 2.8	GPA 2.8
GN Overlays being met	GN Overlays being met
1. Act 34 - Criminal Background	
2. Act 114 FBI Fingerprinting	
3. Act 151 Child Abuse Clearance	
SHAPE PA Membership	

Important Notes

- Clearances needed annually
 - Act 34 - Criminal Background
 - Act 114 FBI Fingerprinting
 - Act 151 Child Abuse Clearance
- SHAPE PA Membership
- All Students must pass Basic Skills assessment for educators before the end of semester 4 to complete the T.E.C. Approval (Screening, Interviewing) in order to continue in this program in the teacher certification track
- Students are strongly urged to take the BASIC SKILLS ASSESSMENT for Educators (Reading, Math, & Writing) assessed by either ACT, SAT, or PRAXIS I core prior beginning their matriculation at ESU. All students MUST pass the Basic Skills Assessments before the end of Semester 4 in order to continue in this program. (PA House Bill 1816). Praxis 1 Test Numbers: Reading 5713, Math 5733, & Writing 5723

YEAR 3

Fall Schedule		Spring Semester	
HLTH 341 Nutrition Education	2	HLTH 350 Promoting Emotional Well Being	3
HLTH 356 Drug and Alcohol Teacher Prep	2	HLTH Elective	3
HLTH 310 Family Health	3	GN Group A, B, or C	3
HLTH Elective	3	300 Level Advanced Coursework	3
HLTH Elective	3	300 Level Advanced Coursework	3
GN Group A, B, or C	3		
Units	16	Units	15
		Completed Units through Year 3	
		92	

Fall Milestones	Spring Milestone
Meet with academic advisor October	Meet with academic advisor March
GPA 3.0	GPA 3.0
GN Overlays being met	GN Overlays being met
1. Act 34 - Criminal Background	
2. Act 114 FBI Fingerprinting	
3. Act 151 Child Abuse Clearance	
SHAPE PA Membership	

YEAR 4

Fall Schedule		Spring Semester	
HLTH 461 Methods in Health Education	3	HLTH 431 Student Teaching in Health Education	13
HLTH 462 Assessment in Health Education	3	HLTH 365 School Health Administration	3
300 Level Advanced Coursework	3		
300 Level Advanced Coursework	3		
Units	12	Units	16
		Completed Units through Year 4	
		120	

Fall Milestones	Spring Milestone
Meet with academic advisor October	Meet with academic advisor March
GPA 3.0	GPA 3.0
GN Overlays being met	GN Overlays being met
Apply for Graduation	Apply for PA Teacher Certification
1. Act 34 - Criminal Background	
2. Act 114 FBI Fingerprinting	
3. Act 151 Child Abuse Clearance	
4. Act 24 Reporting Arrests and Convictions	
Tuberculosis (TB) Test	
Mandated Reporter Training Certificate	
SHAPE PA Membership	