To ESU students, faculty, staff and parents,

Reports and updates about the Coronavirus or COVID-19 continue to be part of our daily activity. As President of East Stroudsburg University, I’m writing to you today to let you know what we are doing on our campus to keep our students, faculty, staff and visitors safe and healthy during this very chaotic time:

• On January 28, ESU shared safety tips with its entire campus community regarding how to stay healthy and safe during the flu season. Because COVID-19 presents similar to the flu, it was appropriate to share tips about staying healthy during the flu season.

• Our director of health and wellness and our manager of international studies continue to monitor pertinent sites (CDC and World Health Organization) daily and share updates on COVID-19. Our manager of international studies is also monitoring travel restrictions of other universities.

• ESU has identified a task force of faculty and staff members who meet regularly to monitor the reports from the CDC and have updated the Widespread Emergency Health Plan to ensure we are ready to minimize exposure to COVID-19. Members of this team are also collaborating with healthcare experts from the Lehigh Valley Hospital Network – Pocono to prepare for isolation and treatment of any individuals presenting with symptoms.

• ESU suspended its program in China for spring/summer 2020. Students were redirected to other appropriate programs or have delayed their program to a later semester. All other study abroad programs, at present, are still moving forward at this time.

As an additional precaution, we would like everyone to be aware of symptoms of COVID-19: fever, cough and shortness of breath. If you or anyone you know has visited China, Italy, Iran, Japan or any other high risk country, or was/is in close contact with someone with confirmed COVID-19 in the past two weeks and develop symptoms, please call your doctor. It’s important to note that symptoms may appear up to two weeks after exposure. The CDC’s responses to frequently asked questions may be found here as well. For additional updates on what the ESU community to keeping our campus safe and healthy, visit our webpage (esu.edu/health-and-wellness) or the CDC’s website at cdc.gov.

Marcia G. Welsh, Ph.D.
President