



# EAST STROUDSBURG UNIVERSITY WARRIORS

## Youth Community Swim Lessons – Spring 2020

*This program is designed for children to develop in and around the water.  
Classes range from Beginner through Level 6 for ages 4 and older.*

### TUESDAYS AND THURSDAYS

**SESSION 1:** March 3–March 26, 2020  
(No class March 10–12)

**SESSION 2:** March 31–April 16, 2020

**CLASS TIMES:** 5–5:30 p.m.  
5:30–6 p.m.  
6–6:30 p.m.

**PRICE:** \$60 per child/session  
Make checks payable to  
"ESU Community Swim"

*Confirmations will be emailed to all registered participants  
a week before each session begins.*

### FOR MORE INFORMATION:

Email [fyang@esu.edu](mailto:fyang@esu.edu) or visit [esu.edu/communityoutreach](http://esu.edu/communityoutreach)

Parents or guardians are required to stay in sight of their children at all times.

- Spaces in these classes are limited.
- Only a properly completed registration form and full payment reserves a space.
- No telephone registrations accepted.

**\*REFUNDS WILL NOT BE ISSUED AFTER EACH SESSION HAS BEGUN**

**\*\*Please do not allow your child to eat one hour prior to the start of lessons.**

## YOUTH COMMUNITY SWIM LESSONS: SPRING 2020

*Please Print Clearly*

Child's Name \_\_\_\_\_ Age: \_\_\_\_\_ Sex: M or F

Address: \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip: \_\_\_\_\_

Name of Parent/Guardian: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Email address (required): \_\_\_\_\_

### PLEASE CHECK EXPERIENCE BELOW:

No formal lessons/beginner \_\_\_\_\_ Comfortable in water: list skills \_\_\_\_\_ Highest level completed in lessons: \_\_\_\_\_

**SESSION 1** \_\_\_\_\_ **SESSION 2** \_\_\_\_\_

**TIME:** 5 p.m. **OR** 5:30 p.m. **OR** 6 p.m.

*4 Beginner Slots in 6 p.m. for New Participants Only*

### MAKE CHECKS PAYABLE TO:

East Stroudsburg University  
Community Swim

### MAIL TO:

Office of Conference Services  
East Stroudsburg University  
200 Prospect Street  
East Stroudsburg, PA 18301

Every effort is made to provide quality and safe instruction; however, participation may lead to discomfort or risks which are normal for physical activity; such injuries can range from the most insignificant to death. Neither the university, its students, supervising professor, staff can be held liable for injury resulting from participation. In accepting this risk, I expressly and explicitly release and waive any and all responsibility and liability, and agree to indemnify and hold harmless East Stroudsburg University of Pennsylvania and its employees, officials or agents pursuant to participant. I verify participant coverage by health insurance. If I do not have health insurance, I agree to be totally responsible for any and all health costs associated with injured incurred. In case of injury, I give advance permission to obtain medical service, including but not limited to paramedic treatment, transportation by emergency vehicle to a medical facility and treatment by emergency facility.

East Stroudsburg University and its representatives take photographs for use in print and electronic publications; this serves as public notice of the University's intent to do so and as a release to the University for permission to use such images as it deems fit.

By my signature below, I hereby acknowledge that I understand and voluntarily accept the hazards, risks, rights and responsibilities noted in this release.

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

**FOR OFFICE USE ONLY**

Date \_\_\_\_\_ Type \_\_\_\_\_ Amount \_\_\_\_\_