

**UPCOMING BALANCE WORKSHOPS  
THURSDAYS, BEERS LECTURE HALL:**

**February 6:** **3 – 3:50 p.m.** *Using Your **VOICE** to Stop Abuse: An Introduction to **VICTIMS' OPTIONS IN THE CAMPUS ENVIRONMENT***, Facilitated by Micki Sears, VOICE Counselor

**February 13:** **2 – 2:50 p.m.** *Sex & Chocolate: The Sweet & Bittersweet of Sex & Sexually Transmitted Infections*, Facilitated by Patricia Ransel, Nurse - University Health Services

**3 – 3:50 p.m.** *Self-Management Strategies for Empowerment*, Facilitated by Dr. Virginia Reiner, Disabilities Specialist -ESU Disability Services