

**EAST STROUDSBURG UNIVERSITY**  
**PROFESSIONAL PRACTICE ATHLETIC TRAINING PROGRAM**  
**TECHNICAL STANDARDS**

Candidates in the Professional Practice Athletic Training Program at East Stroudsburg University must possess the necessary intellectual, physical, emotional, social, and communication skills to provide safe and effective athletic training services. The Athletic Training Program has established Technical standards for students interested in pursuing a career in athletic training. In addition to specific academic criteria, these **Technical Standards** are considered necessary for students engaged in all phases of the Athletic Training Program at East Stroudsburg University. Therefore, prior to engagement in directed observation hours or professional phase assignments, all students must demonstrate:

1. The mental capacity to assimilate, analyze, synthesize, integrate concepts, and problem solve to formulate assessment and therapeutic judgments, and to be able to distinguish deviations from the norm.
2. Sufficient postural and neuromuscular control, sensory function, and coordination to perform appropriate physical examinations using accepted techniques; and accurately, safely, and efficiently use equipment and materials during the assessment and treatment of patients.
3. The ability to communicate effectively and sensitively with patients and colleagues, including individuals from different cultural and social backgrounds (in verbal and written form).
4. The ability to establish rapport with patients and communicate judgments and treatment information effectively.
5. The ability to understand and speak the English language at a level consistent with competent professional practice
6. The ability to record the physical examination results and treatment plan clearly and accurately; the capacity to maintain composure and continue to function well during periods of stress.
7. The appropriate affective skills, flexibility and ability to adjust to changing situations and uncertainty in clinical situations, as well as the demeanor, and conduct that relate to professional education and quality patient care.
8. The perseverance, diligence and commitment to complete the athletic training program as outlined and sequenced.

As a student enrolled in the Athletic Training Program at East Stroudsburg University, I agree to these Technical Standards, or, that with a documented disability and with certain accommodations may be able to meet these standards. I also understand that in order to request accommodations, I must contact the Office of Accessible Services Individualized for Students (OASIS) to discuss the conditions for accommodations. Furthermore, I recognize that OASIS will discuss the documentation pertaining to a particular disability and consider accommodations to support the aforementioned technical standards. Please [click here](#) for OASIS Handbook.

I certify that I have read and understand the academic and technical standards listed above for the Athletic Training Program at East Stroudsburg University and I believe to the best of my knowledge that I meet each of these standards with or without accommodations. However, if I believe that I can meet each of these standards with a reasonable accommodation, I will contact the Office of Accessible Services Individualized for Students for further consultation.

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Signature of Student

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Date

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Signature of Witness

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Date

The Director of OASIS, in consultation with the Director of the Athletic Training Program and the student (with his/her designee when applicable), will determine if the Technical Standards can be met with reasonable accommodations. If a student states he/she is able to meet the technical standards with reasonable accommodation(s), then the university will determine whether the accommodation would jeopardize clinician/ patient safety or compromise the educational requirements (i.e., GPA/grade standards, practical examinations and clinical course competency, program level assessment etc) required for completion of the program, graduation from the University and eventual eligibility for the BOC certification examination.