

**EAST STROUDSBURG UNIVERSITY**  
**PROFESSIONAL PRACTICE ATHLETIC TRAINING PROGRAM**  
**TECHNICAL STANDARDS**

Candidates in the Professional Practice Athletic Training Program at East Stroudsburg University must possess the necessary intellectual, physical, emotional, social, and communication skills to provide safe and effective athletic training services. The Athletic Training Program has established Technical standards for students interested in pursuing a career in athletic training. In addition to specific academic criteria, these **Technical Standards** are considered necessary for students engaged in all phases of the Athletic Training Program at East Stroudsburg University. Therefore, prior to engagement in directed observation hours or professional phase assignments, all students must demonstrate:

1. The mental capacity to assimilate, analyze, synthesize, integrate concepts, and problem solve to formulate assessment and therapeutic judgments, and to be able to distinguish deviations from the norm.
2. Sufficient postural and neuromuscular control, sensory function, and coordination to perform appropriate physical examinations using accepted techniques; and accurately, safely, and efficiently use equipment and materials during the assessment and treatment of patients.
3. The ability to communicate effectively and sensitively with patients and colleagues, including individuals from different cultural and social backgrounds (in verbal and written form).
4. The ability to establish rapport with patients and communicate judgments and treatment information effectively.
5. The ability to understand and speak the English language at a level consistent with competent professional practice
6. The ability to record the physical examination results and treatment plan clearly and accurately; the capacity to maintain composure and continue to function well during periods of stress.
7. The appropriate affective skills, flexibility and ability to adjust to changing situations and uncertainty in clinical situations, as well as the demeanor, and conduct that relate to professional education and quality patient care.
8. The perseverance, diligence and commitment to complete the athletic training program as outlined and sequenced.

As a student enrolled in the Athletic Training Program at East Stroudsburg University, you must verify that you understand and meet these Technical Standards, or, that with certain reasonable accommodations you can meet these standards. In order to request accommodations that will help you meet these technical standards, you must make the appropriate request of the Office of Disability Services.. The Office of Disability Services will evaluate a student who states he/she could meet the Technical Standards with accommodations and confirm that the stated condition(s) qualifies as a disability under applicable laws. The Director of Disability Services, in consultation with the Director of the Athletic Training Program, and the student, will determine if the Technical Standards can be met with reasonable accommodations.

I certify that I have read and understand the academic and technical standards listed above for the Athletic Training Program at East Stroudsburg University and I believe to the best of my knowledge that I meet each of these standards with or without accommodations. However, if I believe that I can meet each of these standards with a reasonable accommodation, I will contact the Office of Disability Services.

---

Signature of Student

---

Date

---

Signature of Witness

---

Date