

AS in Sport Medicine: Athletic Training to BS in Exercise Science

Transfer Agreement

East Stroudsburg University and Northampton Community College

East Stroudsburg University (ESU) and Northampton Community College (NCC) have established the following Transfer Agreement to facilitate the transfer of students from the AS Degree in Sport Medicine: Athletic Training at NCC to the Bachelor of Science in Exercise Science program at ESU.

Terms of Agreement: A NCC student who has earned the AS Degree in Sport Medicine: Athletic Training shall be guaranteed admission to the BS Degree in Exercise Science at ESU provided the student meets the following terms of this agreement:

- **Cumulative GPA:** Graduate from NCC with a minimum grade point average (GPA) of 2.50.
- **Major GPA:** Graduate from NCC with a minimum Major GPA of 2.50.
- **Transfer Credit:** ESU will accept a total of 62 credits from NCC with an earned grade of 'C' or better as outlined in the Sport Medicine to Exercise Science Transfer Agreement Course Guide.
- **College Transcript:** Submit an official final NCC transcript, indicating receipt of the AS Degree in Sport Medicine: Athletic Training directly to the ESU Office of Admission prior to matriculating to ESU.
- **Enrollment:** Enroll at ESU within one year of graduation from NCC. Not attend another institution of higher education between RVCC graduation and enrollment at ESU.
- **Applying:** Submit an application, with application fee, for admission as a transfer student to ESU. Students are encouraged to apply well before the application deadline dates. (Please refer to the ESU Transfer Student website for the online application link, application deadline dates, additional resources, and ESU transfer counselor contacts: www.esu.edu/transfer.)

NCC Sport Medicine: Athletic Training (AS) to ESU Exercise Science (BS) Transfer Agreement Course Guide

Transfer Credits: Upon receiving an AS in Sport Medicine: Athletic Training from NCC, ESU accepts the following 62 credits with grades of "C" or better, and a 2.50 major GPA and 2.50 cumulative GPA. At this point, the student will be able to major in Exercise Science and receive credit for the following courses:

General Education, Pre-Requisite, Co-Requisite, & Major Equivalencies			
Northampton Community College		East Stroudsburg University	
Course Number	Credit	Course Number	Credit
BIOS 204-A & P I	4	BIOL 111-GE: A & P I	4
CMTH 102-Speech Communications	3	CMST 111-GE: Speech Communication	3
ENGL 101C-English I	3	ENGL 103-English Composition	3
PSYC 103-Intro. To Psychology	3	PSY 101-GE:General Psychology	3
SMAT 101-Foundations of Athletic Training & Sports Medicine	3	EXSC 100-Intro. to Exercise Science	3
BIOS 254-A & P II	4	BIOL 112- GE:A & P II	4
ENGL 151L-English II	3	ENGL 199-GE	3
HEAL 150-Contemporary Health	3	HLTH 220-Personal & Consumer Health	3
SMAT 230-Prevention and Management of Sport and Fitness Injuries	3	ATEP 230-Prevention and Management of Sport and Fitness Injuries	3
SMAT 235-Basic Athletic Training Tech. Lab	1	ATEP 235-Basic Athletic Training Lab	1
SOCA 102-Cultural Anthropology	3	SOC 102-GE: Intro. To Cultural Diversity	3
CHEM 135-Chemistry of Life	4	CHEM 115-GE: Chemistry, Molecules and Life/Lab	4
MATH 140-College Algebra	3	MATH 130-GE: Applied Algebraic Methods	3
NUTR 105-Intro. To Nutrition	3	HLTH 299	3
SMAT 202-Kinesiology:Applied Anatomy	3	EXSC 202-Kinesiology-Applied Anatomy	3
Arts and Humanities elective	3	General Education Elective-Arts and Humanities elective	3

ESU Office of Admission: www.esu.edu/transfer NCC Sport Medicine: Athletic Training to ESU Exercise Science Agreement Effective 2015

PHYS 101-Physics	4	PHYS 131-GE: Fundamental Physics I	4
MATH 150-Statistics	3	MATH 110-GE: General Statistics	3
SMAT 240G-Acute Care of Athletic Injuries and Illness	4	ATEP 240-Acute Care Athletic Injuries	3
SMAT 260-Exercise Physiology and Exercise Prescription	3	EXSC 310-Exercise Physiology	3
Total	63	Total	62

General Education & Free Elective Recommendations	
Humanities: Fine Art [Art, Music, Theatre] ART 101; 119; 127; 130 [MUS 111] Foreign Lang. [FRE 111; 112; 211; 212] [GER 111; 112; 211; 212] [SPN 111; 112; 211; 212] Philosophy [PHL 111; 114; 115; 212]	
Mathematics: Math [MAT 111; 112; 113; 115; 118; 120; 131; 132]	
Social Sciences: Economics [ECO 211; 212] Geography [PHY 118] [SOC 108] History [HIST 111; 112; 113; 114; 117; 160; 167; 209; 210; 245] [HON 117] Political Science [GOV 211] [POL 111; 211] [PUB 111] Sociology [HON 111; 120; 202] [SOC 111; 112; 120; 180; 202; 209; 216; 280]	

Junior Year at ESU			
Fall		Spring	
Course Number	Credit	Course Number	Credit
EXSC 342-Power Training for Sport Performance	3	EXSC 447-Sport Nutrition	3
EXSC 451-Aerobic Fitness Workshop	2	EXSC 452-Exercises and Weight Control Workshop	2
EXSC 453-Reducing Coronary Heart Disease Workshop	2	EXSC 454-Anaerobic Training Workshop	2
EXSC 230-Personal Training Workshop	1	Elective	3
EXSC 322-Strength and Conditioning Training	3	Elective	3
Elective	3	Elective	3
Elective	1		
Elective	1		
Total	16	Total	16

Senior Year at ESU			
Fall		Spring	
EXSC 402-Psychology of Sport and Exercise	3	EXSC 410-Organization and Administration of Exercise and Wellness Programs	3
EXSC 431-Analysis of Performance Skills	3	EXSC 445-Seminar in Adult Fitness Programs	3
Elective	3	EXSC 455-Health/Fitness Specialist Workshop	1
Elective	3	EXSC 456-Certified Strength and Conditioning Specialist Workshop	1
Elective	3	EXSC 486-Field Experiences and Internships	3
		Elective	1
Total	15	Total	12