

AS in Exercise Science to BS in Exercise Science

Transfer Agreement

East Stroudsburg University and Bucks County Community College

East Stroudsburg University (ESU) and Bucks County Community College (BCCC) have established the following Transfer Agreement to facilitate the transfer of students from the AS Degree in Exercise Science at BCCC to the Bachelor of Science in Exercise Science program at ESU.

Terms of Agreement: A BCCC student who has earned the AS Degree in Exercise Science shall be guaranteed admission to the BS Degree in Exercise Science at ESU provided the student meets the following terms of this agreement:

- **Cumulative GPA:** Graduate from BCC with a minimum grade point average (GPA) of 2.00.
- **Major GPA:** Graduate from BCCC with a minimum Major GPA of 2.50.
- **Transfer Credit:** ESU will accept a total of 60 credits from BCCC with an earned grade of 'C' or better as outlined in the Exercise Science Transfer Agreement Course Guide.
- **College Transcript:** Submit an official final BCCC transcript, indicating receipt of the AS Degree in Exercise Science directly to the ESU Office of Admission prior to matriculating to ESU.
- **Enrollment:** Enroll at ESU within one year of graduation from BCCC. Not attend another institution of higher education between BCCC graduation and enrollment at ESU.
- **Applying:** Submit an application, with application fee, for admission as a transfer student to ESU. Students are encouraged to apply well before the application deadline dates. (Please refer to the ESU Transfer Student website for the online application link, application deadline dates, additional resources, and ESU transfer counselor contacts: www.esu.edu/transfer.)

BCCC Exercise Science (AS) to ESU Exercise Science (BS) Transfer Agreement Course Guide

Transfer Credits: Upon receiving an AS in Exercise Science from BCCC, ESU accepts the following 60 credits with grades of "C" or better, and a 2.50 major GPA and 2.00 cumulative GPA. At this point, the student will be able to major in Exercise Science and receive credit for the following courses:

General Education, Pre-Requisite, Co-Requisite, & Major Equivalencies			
Bucks County Community College		East Stroudsburg University	
Course Number	Credit	Course Number	Credit
COMP 110-English Composition I	3	ENGL 103-English Composition	3
BIOL 181-Anatomy & Physiology I	4	BIOL 111- GE: A & P I	4
PHED 180-Foundations of Physical Ed.	3	EXSC 100-Introduction to Exercise Science	3
PSYC 110-Psychology	3	PSY 100-GE:Introduction to Psychology	3
Fitness Activity	2	ELEC 199	2
COMP 111-English Composition II	3	ENGL 199-GE	3
BIOL 182-Anatomy & Physiology II	4	BIOL 112- GE: A& P II	4
HLTH 120N-Nutrition	3	HLTH 299-Departmental Elective	3
Lifestyle Activity	2	ELEC 199	2
Arts Elective	3	General Education Elective-(Group A)	3
COMM 110-Effective Speaking	3	CMST 253-GE: Public Speaking	3
EXSC 200-Biomechanics	4	EXSC 203-Kinesiology-Mechanical Analysis	3
SOCI 110-Sociology	3	SOC 111-GE: Introduction to Sociology	3
Cultural Perspectives Elective	3	General Education Elective	3
Survival Activity	2	ELEC 199	2
MATH 115-Elementary Statistics	3	MATH 110- GE: General Statistics	3
EXSC 201-Physiology of Exercise	4	EXSC 310-Exercise Physiology I	3
General Elective	3	General Education Elective	3
Aquatics Activity	2	ELEC 199	2
Integration of Knowledge	3	ELEC 199	3
Total	60	Total	60

Junior Year at ESU			
Fall		Spring	
Course Number	Credit	Course Number	Credit
EXSC 451-Aerobic Fitness Workshop	2	EXSC 447-Sport Nutrition	3
EXSC 453-Reducing Coronary Heart Disease Workshop	2	EXSC 452-Exercises and Weight Control Workshop	2
EXSC 230-Personal Training Workshop	1	EXSC 454-Anaerobic Training Workshop	2
EXSC 322-Strength and Conditioning Theory	3	Elective-(General Education Elective)- - can choose from the following in Arts and Letters Group: Fine Arts; Modern Languages-MLNG, or MLCH, or MLJA, or MLFR, or MLGR, or MLIT, or MLSP; or Performing Art	3
Elective - (General Education Elective) choose from the following in Social Science Group: Geography-GEOG 110, or 120, or 121, or 130, or 220 Political Science-POLS 101, or 111, or 117, or 201, or 211, 222 or 223; History; or Economics	3	EXSC 311-Exercise Physiology II	3
Elective-(General Education Elective)-can choose from the following in Science Group	3	EXSC 202-Kinesiology-Applied Anatomy	3
EXSC 120-Physical Conditioning	1		
EXSC 121-Aerobic Fitness Activities	1		
Total	16	Total	16

Senior Year at ESU			
Fall		Spring	
EXSC 402-Psychology of Sport and Exercise	3	EXSC 410-Organization and Administration of Exercise and Wellness Programs	3
EXSC 431-Analysis of Performance Skills	3	EXSC 445-Seminar in Adult Fitness Programs	3
Elective - (General Education Elective) - choose from the following in Arts and Letters Group: Fine Arts; Modern Languages-MLNG, or MLCH, or MLJA, or MLFR, or MLGR, or MLIT, or MLSP; Performing Art; Philosophy-110, 171, 172, 212, 213,221,231, 235, 238, 241, 251, 265, 273, 281, or 285	3	EXSC 455-Health/Fitness Specialist Workshop	1
EXSC 330-Health- Related Fitness Assessment and Exercise Programming	3	EXSC 456-Certified Strength & Conditioning Specialist Workshop	1
Elective -(General Education Elective)- - can choose from the following in Arts and Letters Group:	3	Elective	3
		Elective	3
		Elective	3
Total	15	Total	15