Dear Incoming Student,

Welcome to ESU! Register now for ESU Orientation at: www.esu.edu/orientation. Please read all information enclosed, and be sure to fulfill all of your necessary responsibilities. **Orientation is required for all incoming freshmen.**

Transfer students may attend a spring-summer Orientation day OR they may attend an optional Transfer Day rather than Orientation. Transfer Days are administered by the ESU Transfer Center, Zimbar-Liljenstein Hall, 570-422-2800. To register for a Transfer Day, visit www.esu.edu/transferday.

At Orientation, you will meet new classmates and upperclass student Orientation Leaders who will guide you through your transition to ESU. Be sure to make a note of the session you select.

**Why Attend?**
- Review your fall class schedule with faculty from your department
- Understand your responsibilities as an ESU student
- Confidently progress toward your degree in a satisfactory way
- Meet peers and the ESU community

**Click Here to Register**
DATES

Saturday, April 18
Friday, May 15
Friday, May 29
Tuesday, June 30
Monday, July 6
Wednesday, July 8
Friday, July 10
Tuesday, July 14
Thursday, July 16

While attending a one-day Orientation, you will:

BE INTRODUCED TO university degree and program-of-study requirements, receive academic advising, receive your first-semester class schedule, connect with faculty members, as well as discover opportunities for involvement in campus life.

BE FAMILIARIZED WITH requirements regarding your student records, student accounts, and financial aid, receive information about ESU services and programs, and learn how to navigate responsibilities as an ESU student.

RECEIVE your student eCard (ID card); participate in sessions to connect with classmates and upperclass student Orientation Leaders that will assist you in the transition to ESU; engage in a t-shirt exchange.*

INVITED TO ORIENTATION during the April through July sessions, and most parents will attend. Parents in the past have said that they did not know how important parent Orientation sessions would be, and they were pleasantly surprised at the critical information and transition assistance provided. Students and parents attend some parts of Orientation together, and they attend other parts separately.

*Please bring a t-shirt from your high school, community college, or hometown area. You will exchange your old t-shirt for a new ESU Warrior t-shirt and your old shirt will be donated to a needy organization in the community.

Your parents* are:

INVITED TO ORIENTATION during the April through July sessions, and most parents will attend. Parents in the past have said that they did not know how important parent Orientation sessions would be, and they were pleasantly surprised at the critical information and transition assistance provided. Students and parents attend some parts of Orientation together, and they attend other parts separately.

*Refers to parents, guardians, and significant others.

Campus Communication

Communication between you and ESU is critical to your success as an ESU student. You must take responsibility to utilize the official communications systems of ESU on a regular basis. They include:

- myESU Portal (http://MyESU.esu.edu) which serves as a single location for multiple sources of campus information, online services, and resources, myESU Portal is your personal online guide to ESU.
- Your ESU email account (http://www.esu.edu/live). Official communication from ESU will be sent to you through ESU email.

To use these communication systems, you will need to know the following items. Please be sure to have them readily available to you from this point on AND AT ORIENTATION:

- Your STUDENT ID NUMBER: ********
- Your ESU EMAIL ADDRESS
- Your PASSWORD (It must include a combination of uppercase, lowercase, symbols, numbers, and must be at least 8 characters. The password cannot contain part of the username or the first name or the last name). Please note: your password will expire every 180 days.

Special Accommodations

Students with disabilities may be eligible for accommodations. In order to be considered, the ESU Office of Disability Services must receive approved documentation, and the university’s online orientation registration system must receive the requested accommodation(s) at least 10 days prior to your Orientation session.

Medical History Form

ESU Health Services strongly recommends that you submit the Report of Medical History form, which includes your immunization history, prior to your entrance to the university. (All international students are REQUIRED to submit the form in its entirety). Many academic areas require this information during your course of study including education, the health sciences (such as nursing, psychology, speech-language pathology, athletic training, and exercise science), as do many internships and academic placements. We recommend that you gather this information and submit it well before classes begin to avoid postponements in your class schedule. Students wishing to participate in intercollegiate athletics are also required to complete the physical examination section within six months of team tryouts.

The Report of Medical History form can be downloaded from http://www4.esu.edu/students/health.cfm or the myESU portal. If you have questions, please contact ESU Health Services at 570-422-3553.

Pennsylvania law requires all students residing in university-owned housing to have received the meningitis vaccination or be informed of the risks and benefits of the vaccine. This is to be completed when you submit your ESU housing application.

Smoking, Alcohol, and Drugs

All forms of tobacco, including nicotine-producing products (i.e., electronic cigarettes), are prohibited in all interior work, living, and academic areas of the university, including offices, classrooms, laboratories, lounges, libraries, student rooms, etc. Tobacco products are prohibited in the designated “No Smoking/Smoke Free” zones between the University Center and the Keystone Room, between Stroud Hall and the University Center and on the walkway below these two buildings. Tobacco use is permitted in any exterior open area which is not within (or closer than) 25 feet from the nearest facility entrance. Ashtrays are placed at the permitted locations. Smoking areas are designated around facility entrances, and smokers are asked to smoke OUTSIDE of these designated areas. Additionally, seven smoking shelters are strategically located throughout campus. Smoking and chewing tobacco are not permitted in Eiler-Martin Stadium or in any state/university-owned vehicles. Anyone found smoking within a designated non-smoking area will receive a warning notice and be asked to extinguish their material and move outside the non-smoking area. Those failing to comply may be subject to disciplinary action.

ESU students regardless of age are prohibited from engaging in the use, consumption, possession, sale, distribution or abuse of alcoholic beverages on campus or on property and facilities supervised by the university or during university-sponsored events and activities. Students found in violation of this policy will face disciplinary action and may also be cited for violating any and all applicable law, ordinance or regulation. This policy also applies to parents.
UNDERGRADUATE STUDENT ORIENTATION SCHEDULE
(Subject to change as necessary)

Students
• Check-In, 8 – 9 a.m., Hoeffner Science and Technology Center – Map Building #70
• Student Group Meetings/Receive Your Fall Class Schedule
• Welcome from University Leadership
• Introduction to the University’s Colleges
• Student Academic Department Meetings with Faculty
• Mathematics Competency Exam
• A Taste of ESU: Lunch and ESU Programs and Services Information Fair
• An Introduction to Living on Campus or Commuting to Campus
• Reality 101: What You Need to Know About Student Life
• Making Connections with Your Warrior Classmates
• Release the Warrior within ESyou Recreation Center Activities
• Check-Out and eCard (University ID Card) and ESU T-Shirt Pick-Up, 5:00 p.m.

Students will be guided by student Orientation Leaders throughout the day to have photos taken for ESU eCards (university identification cards). ID cards will be issued at Orientation check-out.

What is expected at Orientation?
East Stroudsburg University values strong character traits including:
1. Respect;
2. Demonstration of responsible behavior;
3. Positive academic, personal and social interaction;
4. Appreciation of diversity.

Expectations include:
1. Attending with a positive attitude, an open mind, and an accepting spirit;
2. Treating all persons on campus in a courteous and civil manner;
3. Attending all obligations on time and staying until their completion;
4. Listening when others are speaking;
5. Turning off or silencing all cell phones and refraining from text messaging;
6. Participating appropriately when the situation warrants input;
7. Being considerate of the university’s facilities;
8. Abiding by the rules to provide for order and safety;
9. Following the directions of faculty and staff;
10. Making a deliberate choice to enjoy the day and enable others to enjoy the day as well.

PARENT ORIENTATION SCHEDULE
(Subject to change as necessary)

• Check-In, 8 – 9 a.m., Hoeffner Science and Technology Center – Map Building #70
• Parents’ Opening Meeting
• Welcome from University Leadership
• Introduction to the University’s Colleges
• Resources for ESU Parents
• Parenting a New ESU Student
• A Taste of ESU: Lunch and ESU Programs and Services Information Fair
• An Introduction to Living on Campus or Commuting to Campus
• Financial Aid, Student Accounts, Billing and Student Records
• Parents as Partners
• Free Time to Visit the University Store and Campus Offices
• Parent/Guest Reception
• Check-Out & Optional Campus Tour, 5:00 p.m.

* Refers to Parents, Guardians and Significant Others

FALL ORIENTATION FOR ALL INCOMING STUDENTS
Thursday, August 20 through Sunday, August 23, 2015
(Subject to change as necessary)

Thursday, August 20 is move-in day for students who will live on campus. Orientation programs begin in the evening for all incoming students including: residents and commuters, freshmen, transfer students and re-admitted students.

Reasons to Attend Fall Orientation:
1. Get all of your pressing questions answered just before classes start
2. Get first-hand advice from the Orientation Leaders you met at spring-summer Orientation
3. Attend exciting kick-off events with your new friends and classmates
4. Learn how to make the most of your first year
5. Learn how to navigate campus
6. Cultivate the Warrior spirit within ESyou
7. Enjoy interactive activities with food, prizes, and more!

More information about fall Orientation will be provided at spring-summer Orientation and online at www.esu.edu/orientation. Check this website regularly for updates.
FAQs

When and where do I report for Orientation check-in?
Students and parents report to the Warren and Sandra Hoefchner Science and Technology Center at 8 a.m. (Map Building #79). Signs will be posted to direct you to Orientation parking and check-in.

Will students and parents be together at Orientation?
Students and parents attend some Orientation sessions together and others separately. While it is not mandatory for a parent to attend Orientation, we do recommend it.

What should I wear for Orientation?
Dress comfortably. Lightweight clothing is suggested (you should bring a sweater, sweatshirt or long-sleeved outerwear in case of cooler temperatures). You will tour campus by walking from building to building between programs. Wear comfortable walking shoes and bring an umbrella in case of rain.

What placement exams are administered?
The mathematics competency and calculus readiness exams will take place during spring-summer Orientation. While not everyone must complete the exam, all students must report to the mathematics competency exam during Orientation. Instructions regarding who must complete the exam will be provided by the test administrator, and students that do not need to take the exam will be excused for this session. There are no language competency exams.

Are students permitted to leave campus?
The focus of Orientation is to acquaint incoming students with the campus and with future classmates. Students are not permitted to leave campus during Orientation unless they do so with their parents. Students who need to leave campus must first consult with Orientation office staff with their parents present, or with the ability to reach a parent by phone to speak with Orientation personnel.

Who are the Orientation leaders?
Orientation leaders (OLs) are involved students from diverse backgrounds who promote model citizenry at ESU. They are dedicated to making your transition to ESU as positive and productive as possible. Be sure to connect with the OLs and ask them any questions that you may have. For more information or to get to know the Orientation Leaders better, please visit www.esu.edu/orientation.

Is attendance at Orientation required?
All incoming freshmen are required to attend spring-summer Orientation.

Transfer students are welcome to attend an optional Transfer Day rather than a one-day, spring-summer Orientation. Transfer Days are administered by the ESU Transfer Center, Zimbar-Liljenstein Hall, 570-422-2800.
Students in the “Early Start” program must register for an Orientation session on Saturday, April 18, Friday, May 15, or Friday, May 29, only.

Additionally, an August Orientation program for all incoming students, including transfer students, is required beginning Thursday evening, August 20 (move-in day for students who live on campus) through Sunday, August 23. This will be a fun-filled learning experience during move-in weekend!

Parents are strongly encouraged, however not mandated, to participate in spring-summer Orientation. We have heard from past parent orientation participants that our information on how to parent a university student has been tremendously helpful! Fall Orientation is for students only.

If I have a need for a wheelchair or related assistance, does ESU provide that for me?
The ESU Orientation program will assist students and parents in any way that is reasonable and possible. ESU Orientation is unable to provide wheelchairs, canes, crutches, individual personal aides, and vehicle transport, so students and parents should bring all needed items with them.
To reach campus from I-80, take Exit 308. At the end of the exit ramp, turn right onto Prospect Street. At Normal Street, turn right. Turn left at South Green Street. Parking will be available on the left and right side of South Green Street in lots behind the Warren and Sandra Hoeffner Science and Technology Center and Dansbury Commons. (Map #FS20, #C23, and #V29) Please DO NOT park on the grass or in disabled spots unless you display your handicapped permit.

Notice of Nondiscrimination: East Stroudsburg University of Pennsylvania is committed to equal opportunity for its students, employees and applicants. The university is committed to providing equal educational and employment rights to all persons without regard to race, color, sex, religion, national origin, age, disability, sexual orientation, gender identity or veteran’s status. Each member of the university community has a right to study and work in an environment free from any form of racial, ethnic, and sexual discrimination including sexual harassment, sexual violence and sexual assault. (Further information, including contact information, can be found on the university’s website at: http://www4.esu.edu/titleix/). In accordance with federal and state laws, the university will not tolerate discrimination.

This policy is placed in this document in accordance with state and federal laws including Titles VI and VII of the Civil Rights Act of 1964, Title IX of the Educational Amendments of 1972, Sections 503 and 504 of the Rehabilitation Act of 1973, the Americans with Disabilities Act of 1990, and the Civil Rights Act of 1991 as well as all applicable federal and state executive orders.

For assistance or special accommodations, please call 570-422-2862.