

YOU
Belong
Here.



**EAST STROUDSBURG
UNIVERSITY**

Where WARRIORS Belong



LEADERS Belong Here.

*"Coming to ESU was one of the
best decisions I have ever made.
This university has taught me
about being a leader, Warrior,
mentor, and friend. ESU has truly
prepared me to serve."*

Raquel Sosa

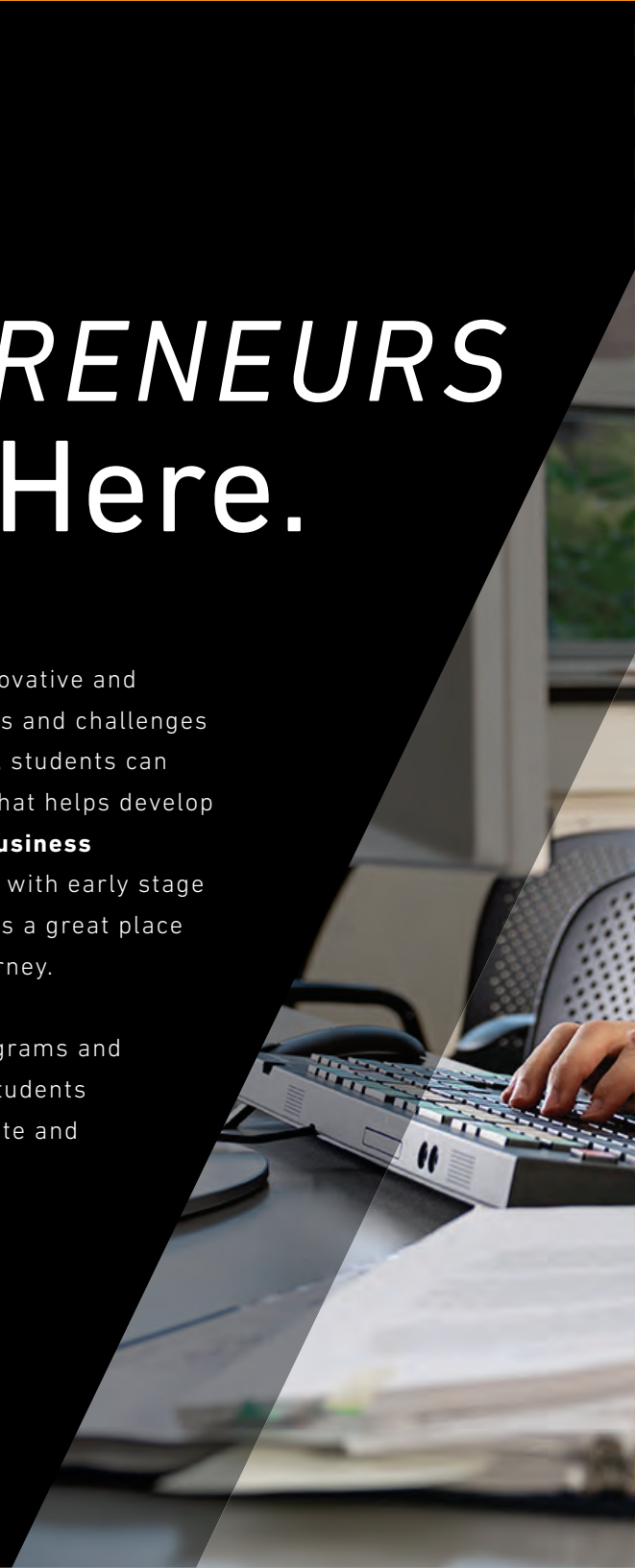
Psychology Major
Wilkes-Barre, PA



ENTREPRENEURS Belong Here.

East Stroudsburg University is known for its innovative and entrepreneurial learning environment that inspires and challenges students. Driven by the possibility of what could be, students can participate in the **Warrior LaunchPad**, an incubator that helps develop business ideas and grow companies. ESU also has a **Business Accelerator** offering opportunities for work experiences with early stage cutting-edge companies, and the **Entrepreneurship Club** is a great place for passionate innovators to start their entrepreneurial journey.

The **Entrepreneurial Workshop Series** features speakers, programs and mentors that help students refine their entrepreneurial skills. Students also have the opportunity to fund their ideas through regional, state and national **Business Plan Competitions**.





ESU student-entrepreneur
Zachary Waldman (shown in
ESU's Bloomberg Finance Lab)
and fellow Warrior, Samuel
Neely, created Falchion Systems,
a cybersecurity startup designed
to help companies secure
their computer networks and
counter web-based social
engineering attacks.

FIRSTS Belong Here.

"To be a college student is hard work, and to be the first in my family to go to college is even more challenging. I really didn't know what to expect. But ESU knows what the First Gen experience is all about and provides support and encouragement at every turn."

Grace Martini

English Major

Monroe Township, NJ

As of Fall 2019, over **40 percent of first-time ESU undergraduates are First Generation students.** "First Gens" are the first students in their family to continue their education beyond high school. ESU First Gens are welcomed, encouraged, and supported by faculty and staff, many of whom are First Gens themselves!

**1ST
GEN**



RESEARCHERS Belong Here.

"In our Stream Ecology class and research with the Delaware River Watershed Initiative, Dr. Wilson has taught us how to do real-world water chemistry work."

Cole Davis

Environmental Studies Major
Nazareth, PA

Cole Davis (right), along with **Dr. Paul Wilson**, ESU assistant professor of biological sciences, and fellow environmental science major, **Noel Jones**, are part of the Delaware River Watershed Initiative to ensure clean drinking water across four states by preserving 13,500 square miles of rivers and streams.



TEAMMATES Belong Here.

More than 40 percent of ESU's student-athletes maintain a 3.25 cumulative GPA gaining PSAC Scholar-Athlete status. ESU's NCAA-reported Academic Success Rate is 86 percent, ranking in the top 20 percent of NCAA Division II schools.

ESU Athletics and Club Sports: Capture the Warrior Spirit!

ESU sponsors 22 varsity sports:

MEN'S - Baseball, Basketball, Cross Country, Football, Soccer, Track & Field (Indoor & Outdoor), Wrestling

WOMEN'S - Acrobatics & Tumbling, Basketball, Cross Country, Field Hockey, Golf, Lacrosse, Soccer, Softball, Swimming, Tennis, Track & Field (Indoor & Outdoor), Volleyball, Wrestling

2019 Field Hockey and Women's Volleyball Conference Champions

2018 Men's Basketball and Women's Lacrosse NCAA DII Atlantic Region Champions

2018 Men's Basketball Conference Champions

2017 Men's Soccer, Women's Soccer and Women's Lacrosse Conference Champions

Club sports include Men's and Women's Rugby, Men's Lacrosse, Men's Ice Hockey, Esports, Men's Volleyball, Dance Team, Contemporary Dancers, Ultimate Frisbee, Equestrian and Gymnastics.

ESU Women's
Volleyball
student-athletes
(left-to-right)
Sarah Smith,
Emily Meredith,
Trea-sure Ketter



YOUR PASSIONS Belong Here.

ESU offers 58 undergraduate degree programs that combine personalized faculty attention and hands-on, real-world experience.



ESU athletic training major, **Genesis Gurrea**, and **Dr. Gerard Rozea**, associate professor and chair of athletic training, at ESU's Anatomage Table, the most technically-advanced virtual dissection table for anatomy education. The table is used in the College of Health Sciences, particularly for anatomy and physiology courses and clinical classes. The table presents anatomy as a fully-interactive, life-sized touch screen experience.

The College of Education's Professional Development School (PDS) model has been nationally-recognized for its excellence by the National Association of Professional Development Schools (NAPDS). Through our PDS partnerships, ESU's teacher candidates are partnered with master teachers in the field representing 16 elementary and middle schools throughout Monroe and Northampton Counties.

College of Health Sciences graduates consistently achieve higher pass rates on certification and licensure exams than the national average. Our faculty are dedicated teachers and scholars who are passionate about their professions. Furthermore, our accredited programs offer students state-of-the-art content and experiential learning unsurpassed by other health science programs in the region. The College of Health Sciences has developed partnerships with regional health care facilities and corporate partners that expand clinical experience opportunities for our students and provide key introductions to potential employers.

The **University Honors Program** is an academic program open to academically outstanding undergraduates and is offered with no increase to students tuition. Honors Program students pursue a series of customized classes, meetings and activities, and are rewarded with diverse intellectual experiences throughout their undergraduate careers.

Additionally, more than 200 freshman and transfer students enroll at ESU each year with the skills and abilities to succeed but without a clear idea of what they would like to study or what major to choose. The Department of Academic Enrichment and Learning (DAEL), which houses **Exploratory Studies**, provides a variety of services for students designed to assist them in determining a major that best suits their talents and interests while staying focused on graduating in four years.

Whatever your interests are, you will find a curriculum that challenges you and fosters critical thinking and a broad understanding of the world.

The **College of Arts and Sciences** provides students with extraordinary opportunities to pursue their passions, including an on-campus active learning facility in Art + Design that includes a student design agency where students create real-world design projects, and a fully-equipped 3-D design lab.

Or, look into our student-operated, noncommercial, FCC-licensed radio station located on campus; the Writing Studio that provides quality peer tutoring to students of all disciplines; and majors that boast active experiential learning at national venues or in numerous study abroad programs.

The **College of Business and Management** offers internship opportunities that provide students with experiential learning and practical experience. The College of Business and Management has unique and up-to-date facilities to support its programs, including the Bloomberg Finance Lab for real-time analysis of investment vehicles, and extensive facilities for television production, sound recording, photography, and web design.

The **College of Education** at ESU is nationally-accredited through the Council for the Accreditation of Educator Preparation (CAEP). CAEP represents the "Gold Standard" for teacher preparation programs and ensures that your training is recognized nationally for its excellence.

Accounting**Art + Design**

Art History
Design
Fine Art

BFA Integrated Art + Design

Fine and New Media Art
Graphic Design
Product Design

Athletic Training

Pre-Professional Rehabilitation Sciences
Professional Practice

Biochemistry**Biology**

General Biology
Integrative Animal Behavior
Integrative Organismal Biology
Laboratory Medicine
Podiatric Medicine
Pre-Medicine
Pre-Physical Therapy
Pre-Physician Assistant
Secondary Education

Biotechnology**Business Management**

Entrepreneurship
Management +LVC +NCC
Supply Chain Management

Chemical Biotechnology

General Chemical Biotechnology
Pharmacy

Chemistry

General Chemistry
Secondary Education

Communication Sciences and Disorders**Communication**

Broadcasting
Media Studies
Public Relations

Computer Science**Computer Security****Criminal Justice****Digital Media Technologies**

General Digital Media Technologies
Graphics and Web Design
Interactive and Social Media
Photography
Video and Television

Early Childhood Education

PreK-4 Certification Professional
Professional Non-Certification

Earth and Space Science

General Earth and Space Science
Secondary Education

Economics**English**

Creative Writing
Literature
Professional and Digital Media Writing
Secondary Education
Secondary Education with Special Education
Writing

Environmental Studies**Exercise Science**

Exercise Physiology
Pre-Professional Therapeutic Sciences
Sport and Exercise Conditioning

Finance**General Science**

General Science
Secondary Education

Health Education

School Health (Teacher Certification)

History

American and World
Public History
Secondary Education Social Studies

Hotel, Restaurant and Tourism Management**Interdisciplinary Studies****Marine Science****Marketing****Mathematics**

Applied Mathematics – Biology
Applied Mathematics – Chemistry
Applied Mathematics – Computer Science
Applied Mathematics – Finance
Applied Mathematics – Physics
Secondary Education
Secondary and Special Education

Medical Technology**Middle Level Education (4-8)**

English/Language Arts/Reading
Math
Science
Social Studies

Nursing

Nursing RN to BS Pathway =NCC

Philosophy**Physical Education Teacher Education**

Health and Physical Activity
Teacher Education Certification

Physics

Earth and Space Science
Engineering Transfer (3+2)
General Physics
Industrial Physics
Professional
Secondary Education

Political Science

American Politics and Government
International Relations and Comparative Government
Pre-Law
Public Administration

Psychology

Applied Psychology
Counseling Psychology
Research Psychology

Public Health

Community Health +LVC
Health Services Administration +LVC

Recreation and Leisure Services Management**Rehabilitative and Human Services****Social Work****Sociology****Spanish**

Secondary Education

Special Education (PreK-8 Certification with Dual Certification in PreK-4)**Special Education (PreK-8 Certification with Dual Certification in Middle-Level [4-8])**

English/Language Arts/Reading
Math
Science
Social Studies

Sport Management**Theatre**

Acting for Theatre, Television and Film
Directing
Musical Theatre
Technical Theatre and Design

Undeclared – Exploratory Studies

Location: Program is offered by ESU at main campus, unless otherwise noted.

+LVC: also offered at Lehigh Valley Center in Bethlehem, PA.

+NCC: also offered at Northampton Community College.
=NCC: offered as degree completion program only at Northampton Community College.

ESU RESIDENCE LIFE

Comfort, Convenience and Community

University residence halls are much more than places for students to sleep - they are communities where Warriors live, learn and build lifelong relationships. Here at ESU, we embrace opportunities where learning extends beyond the classroom. Our residence halls are hubs for academic and student life, providing an environment that supports student growth, the investment in shared community, and the commitment to living with people from different backgrounds and experiences.

Freshmen are guaranteed housing, primarily in the traditional residence halls where supportive staff and dedicated first-year experience programming promotes the successful transition to university life. Transfer students are also welcome to reside in our residence halls and are encouraged to register for housing on a space-available basis. Popular suite-style residence halls are also available to undergraduate students. The University Ridge and University Apartments offer apartment-style living with full kitchens and private bedrooms.

All students residing in the residence halls are encouraged to participate in one of our Special Interest or Living Learning Communities, designed to create living spaces for individuals with shared academic or co-curricular interests.



CLUBS, ACTIVITIES, STUDENT LIFE

Create a Vibrant Campus

ESU Warriors find opportunities abound to gain leadership skills and experience, make lifelong friends and have a real impact on university life.

There are over 100 student-run social, service and academic organizations to get involved on campus, including:

- Active Minds
- Autism Speaks U
- Black Student Union
- Campus Activities Board
- Colleges Against Cancer
- Community Health Organization
- Council for Exceptional Children
- Cultural and Social Fraternities and Sororities
- Dance Team
- Latin American Association
- Musical Theatre Organization
- National Council of Negro Women
- Residence Hall Association
- Student Government Association
- Stroud Courier
- University Bands
- Veterans of ESU
- WESS FM Radio
- And, clubs associated with academic majors





WARRIOR Fast Facts

6,000+

students from 60 states and countries

Housing

options include traditional, suite, and apartment-style
Plus 2 rec centers

22

NCAA DII sports and 11 club sports

200+

study abroad locations

Starbucks *and* Barnes & Noble *on campus*

100+

student-run clubs and organizations

119

*acre recreation area at student-owned Stony Acres,
providing opportunities for group activities and relaxation*

19:1

student-to-faculty ratio

91%

of faculty hold highest degree in their field

Test optional

for most majors

75

*NCAA Tournament appearances and
68 PSAC championships*

*Named to **Money Magazine** List of
Best Colleges for Your Money*

70

miles to New York City

90

miles to Philadelphia

WARRIOR PROMISE

Tuition Guarantee.

We can help with the cost of your education...

...and we promise your tuition never goes up! New students seeking an undergraduate degree on ESU's main campus get a promise- the promise of a guaranteed, fixed, four-year tuition rate. The **Warrior Promise** guarantees incoming undergraduate students that they will pay the same tuition rate, without an increase, for the next four years.

Eighty-four percent of our students receive financial aid which includes grants, loans and scholarships. While scholarships are awarded on the basis of academic achievement, eligibility for financial aid programs (other than unsubsidized loans) is based on financial need, which is

the difference between the estimated cost of attendance and the ability of the family to contribute to those educational costs as determined by the federal government.

The Free Application for Federal Student Aid (FAFSA) is available beginning October 1. The priority ESU FAFSA submission date is January 31 for freshmen and March 1 for transfer students. To qualify for both need- and merit-based financial aid, you must submit your FAFSA at fafsa.gov. ESU's school code is 003320.

2019-2020 Direct Costs	Pennsylvania Commuter	Pennsylvania On-Campus Resident	Out-of-State Student ³	Out-of-State Student ⁴
Warrior Promise Tuition	\$ 8,504	\$ 8,504	\$ 21,260	\$ 21,260
Mandatory Fees	\$ 2,972	\$ 2,972	\$ 3,222	\$ 3,222
Room and Board*		\$ 8,900	\$ 8,900	\$ 8,900
Annual Direct Costs	\$ 11,476	\$ 20,376	\$ 33,382	\$ 33,382
Potential State Grant ¹	\$ -3,508	\$ -3,508		
Potential Federal Grant ²	\$ -6,195	\$ -6,195	\$ -6,195	\$ -6,195
Out-of-State Award ³			\$ -4,252	
Students First Scholarship ⁴				\$ -8,504
Annual Total	\$ 1,773	\$ 10,673	\$ 22,935	\$ 18,683

¹ PA State Grant value determined by PHEAA.org on basis of financial need – designate ESU on your FAFSA. (\$3,508 represents the maximum PA State Grant awarded.)

² Federal Pell Grant eligibility determined on basis of FAFSA.gov. (\$6,195 represents the maximum Federal Pell Grant awarded.)

³ Out-of-State Award available to nonresidents. (see esu.edu/oos for additional details)

⁴ Students First Scholarship available to nonresidents with 3.0+ GPA. (see esu.edu/oos for additional eligibility criteria)

*Based on a traditional double room rate and 19 meal plan option





PLAN Your Visit Today.

[ESU.edu/visit](https://www.esu.edu/visit)

Campus Tours, which include an Admissions presentation, are held most weekdays throughout the year.

ESU Campus Days, which highlight time with students through an interactive student panel of current ESU students, are held on select weekdays and weekends throughout the year.

Open Houses, which feature time with faculty, are held on select weekends during each semester.

Transfer Info Sessions are held on select Thursdays and Fridays during each semester.



@ESUniversity
@ESU_Admissions



@ESUniversity
@ESU_Admissions



EastStroudsburgUniversity



LEARN MORE.

APPLY: [ESU.edu/apply](https://www.esu.edu/apply)

LIVE HERE: [ESU.edu/reslife](https://www.esu.edu/reslife)

STUDY: [ESU.edu/majors](https://www.esu.edu/majors)

GET INVOLVED: [ESU.edu/studentlife](https://www.esu.edu/studentlife)

WARRIOR PRIDE: [ESUwarriors.com](https://www.esuwarriors.com)

EXPLORE: [poconomountains.com](https://www.poconomountains.com)



Our Promise To You.

East Stroudsburg University is committed to affordability and student success. Part of that commitment is the **Warrior Promise**.

The Warrior Promise provides undergraduate freshmen and transfer students on ESU's main campus with a tuition rate that will not increase for up to four years. For students and their families, this promise has made the cost of a college education predictable. It has helped them manage college costs and allowed students to focus on graduating in four years. The Warrior Promise is one part of our commitment to putting our students first.



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Where WARRIORS Belong



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200 Prospect Street, East Stroudsburg, PA 18301

570-422-3542 | admission@ESU.edu | ESU.edu/admissions

East Stroudsburg University of Pennsylvania is committed to equal opportunity for its students, employees and applicants. The university is committed to providing equal educational and employment rights to all persons without regard to race, color, sex, religion, national origin, age, disability, sexual orientation, gender identity or veteran's status. Each member of the university community has a right to study and work in an environment free from any form of racial, ethnic, and sexual discrimination including sexual harassment, sexual violence and sexual assault. (Further information, including contact information, can be found on the university's website at esu.edu/titleix.)

In accordance with federal and state laws, the university will not tolerate discrimination. This policy is placed in this document in accordance with state and federal laws including Titles VI and VII of the Civil Rights Act of 1964, Title IX of the Educational Amendments of 1972, Sections 503 and 504 of the Rehabilitation Act of 1973, the Americans with Disabilities Act of 1990, and the Civil Rights Act of 1991 as well as all applicable federal and state executive orders. For assistance or special accommodations, please call 570-422-3542.