

CAREER, INDEPENDENT LIVING & LEARNING STUDIES

THREE-YEAR LEARNING SEQUENCE



FALL	FIRST YEAR
Course Title	Description
First Year Experience	This learning experience introduces entering students to campus life and prepares them to live and study together in an environment that encourages exploration and honors diversity. Students will also read the “One Book, One Campus.” This experience will also focus on developing a Person-Centered Plan for each student. This plan will continue to grow and change throughout their three-year CILLS experience.
Personal Well-being	This learning experience is a survey of personal well-being. Students will explore what it means to achieve and maintain physical and emotional health. Topics will include: health maintenance, nutrition, basic first aid, and fitness. It will also focus on successful living skills away from home, including taking care of one’s own living space, safety issues, basic self-care, and living with a roommate. The experience includes a student-developed plan for personal, daily routines.
Computers and Technology	This learning experience provides a foundation of essential training for computers and technologies, including assistive technology for home, work, school, and community use. Platforms include Microsoft Word, Microsoft PowerPoint, and the leading higher education learning platform, D2L (Desire to Learn).
Human Relationships	This learning experience assists students in maintaining current and establishing new relationships with family, friends, supervisors/co-workers, teachers, significant others, and strangers. This course focuses on emotions, interpersonal communication skills, social cues, and appropriate relationships in various situations. The course also explores the influence of family values, culture, peer pressure, and discrimination in society.
Audited Classes	Students will be given a list of audited classes from which they can choose two.
SPRING	FIRST YEAR
Personal Finance	This learning experience examines students’ understanding of numbers, their operations in relationship to managing personal finances. Topics include: computation strategies, problem-solving strategies, and skills for being a good consumer. The second half focuses on the skills and knowledge needed to manage personal finances. Topics include: banking, budgeting, insurance, credit and debt. Students receive assistance and planning for their financial future by studying paycheck information, actual income, and tax responsibilities.
Career Awareness	This learning experience provides a variety of opportunity for students to explore their vocational preferences and aptitudes. Students will understand the various possibilities for long-term employment and the knowledge necessary to begin work in a career field and progress in that job. Students will conduct research into career opportunities.
Academic Success	This learning experience will focus on the accomplishment of the learning process; gaining subject knowledge; and developing employability skills. Positive self-esteem and self-confidence are critical factors in commitment to academic success. An emphasis on reading and student literacy helps develop higher levels of focus and concentration. It also forces the reader to sort things out in their own mind – including topics that might not be familiar to them at all, including the habits of academic success; organization, sleep, take notes, study, ask questions, etc.
Audited Classes	Students can choose 2 classes they would like to audit and discuss with their advisor.

FALL	SECOND YEAR
Course Title	Description
Career Practicum	Students will start their internships and meet daily to discuss them. They will be given certain assignments to complete for this class at their internship placements. They will complete multiple vocational assessments and start putting their exit portfolios together.
Writing and Grammar	This learning experience will explore grammar and writing. Effective grammar instruction begins with what students already know about grammar and then helps them use this knowledge as they write. Students will learn the five types of writing and basic rules of grammar, and will write and for work purposes and school.
Internship I	This internship is a semester-long job experience based on students' individualized vocational learning goals, interests, and strengths. It can involve work experience in the community.
Audited Classes	Students can choose 2 classes they would like to audit and discuss with their advisor.
SPRING	SECOND YEAR
Course Title	Description
Communications	This learning experience will provide students with useful tools to communicate effectively. Activities will begin with defining multiple types of communication, which include verbal, nonverbal, augmentative, and other methods. Students will identify their own communication styles, and adapt current behaviors to better communicate their needs to others. Communication skills for self-advocacy and conflict resolution will also be addressed.
Practical Reading Comprehension	In this learning experience, students will expand their understanding of reading by getting meaning from written text. This course is more than reading a book; it will help guide students to understand the importance of daily reading. Reading happens everywhere (from road signs and restaurant menus all the way to job applications). A major goal of reading comprehension instruction, therefore, is to help students develop the knowledge, skills, and experiences they must have if they are to become competent and enthusiastic readers.
Internship II	Students can choose a different work experience or continue with previous placement.
Audited Classes	Students can choose 2 classes they would like to audit and discuss with their advisor.

FALL	THIRD YEAR
Course Title	Description
Job Search	This learning experience will guide the student through the job search process, including writing cover letters and resumes, interview skills, completing job applications, and locating potential job opportunities.
Current Events	This learning experience is designed to provide students with the opportunity to discuss, understand, and explore local, national, international, political, economic, and social issues in a respectful, meaningful, and active manner. Topics will vary depending on the news cycle. Students will be challenged to openly debate topics, learning how to express their opinions as well as understanding the opinions of other students.
Internship III	Students can choose a different work experience or continue with previous placement.
Audited Classes	Students can choose 2-3 classes they would like to audit and discuss with their advisor.
SPRING	THIRD YEAR
Course Title	Description
Transition School to Adulthood Lab	This course provides students with a proactive approach to transition planning for the provision of services that result in positive adult outcomes once leaving the school system. Students will have the opportunity to plan and carry out their own exit meeting from the CILLS program This planning process will include contacting OVR services to be present and relevant to the CILLS exit meeting. The students will also finish up their exit portfolios.
Community Resources	This learning experience allows students to learn about the services and supports in their communities. This course will guide students in the process of identifying and accessing community resources. In their communities. This experience is paired with how acquiring a job in their community will require accessing resources in their community for transportation, recreation and health.
Internship IV	Students can choose a different work experience or continue with previous placement. Students will work longer hours at their internship placement.
Audited Classes	Students can choose 2-3 classes they would like to audit and discuss with their advisor.